




**Aging & Adult
Services Agency**


March Lunch Program Menu

***Please read our lunch policies in the back.**



20 Twin Pines Lane,
Belmont, CA 94002

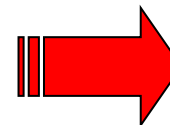
Call in advance to sign up or cancel (650) 595-7444 

Tuesday		Wednesday		Thursday	
5	Country Cookin' Oven roast chicken quarter, Garlic potato mash, Broccoli & carrots, Salad, Bread, dessert, oj	6	Meat 'n Potatoes Grilled hamburger steak, Scalloped potatoes, peas & carrots, Spinach salad, Bread, Fruit	7	Double Delight Cheese raviolis, topped with baked lemon chicken Zucchini, squash, Salad, Bread, fruit
12	Tasty Tuesday Housemade meatloaf, Mashed potatoes & gravy, Green beans, Salad, Bread, fruit	13	Chicken Florentine Chicken Florentine Fettuccini, sauted peppers, onions and beans, Green salad, bread, fruit	14	 St. Patrick's & Birthday Lunch Corned beef, cabbage, potatoes,, carrots, bread, salad, Birthday cake, oj
19	Tipsy Chicken Chicken Marsala, Angel wheat pasta, Broccoli, Carrots, Salad, Bread, fruit	20	Oriental Express Soy-glazed baby tiger shrimp, Jasmine rice, cabbage, carrots Sesame ginger salad, Bread, dessert, oj	21	Taste of the Middle East Ground beef kabobs w/Mint aioli, Whole grain rice, hummus, eggplant, Garden salad, Bread, fruit
26	Catch of the Day Baked snapper w/Lemon-caper sauce, Rice pilaf, Green beans, Salad, Bread, dessert, oj	27	Don't Stew Over It! Beef stew with carrots. celery, potatoes, rice, Salad, Bread, fruit <small>*Sodium content is over 1000mg</small>	28	Lovely Linguini Chicken parmesan linguini, carrots and zucchini, Garden Salad, Bread, fruit

****Menu is subject to change.**

**Late arrivals after
11:45 are considered
No-shows**

**Sign up or cancel
2 days
in advance!**



Tuesday Lunch: Call by *Friday*
Wednesday Lunch: Call by *Monday*
Thursday Lunch: Call by *Tuesday*

Twin Pines Lunch Program Policies

The Lunch Program is provided through a grant awarded by San Mateo County and run by Volunteers. Funding is limited; therefore we must comply with certain policies to ensure everybody gets equal opportunity to enjoy the delicious meals catered by Creekside Grill.

Cost

Age 60+: Suggested donation of \$5 per person

Age 59 or less: There is a fee of \$10.00

Reservations

- Sign up as early as possible. Meals are ordered 2 days in advance from the caterer. Popular events require earlier reservations.
- “Dropping in” does not guarantee a meal, as there are only a specific number of meals ordered. Make sure you signed up on the reservation list first.

On arrival

- The Lunch Room opens at 11:00am. Lunch is served at 11:30am. Please wait in the Lobby before that.
- Before going into the lunch room, attendees must first register at the Check-In table with the Check-In Volunteer.
- Seating is first come, first serve. We discourage reserving seats for people who haven’t arrived, and instead encourage welcoming new people who are looking for a place to sit. If you want to sit only with friends, please be courteous to others and wait for your full party to arrive before taking a seat.
- People without a reservation or “guests” cannot go into the Dining Room. Seating is available only for people on the List.
- Arrivals after 11:45am are considered No-Shows and forfeit their meal. It will go to the first person on the Waiting List.

Waiting List

- If you are on the Waiting List, we cannot guarantee you will be able to partake of a meal. We will call you on your phone number to let you know if there were any cancellations.
- Those on the Waiting List must wait for a call, or wait outside in the Lobby until 11:45am. After 11:45am you can Check-In with the Volunteer at the Check-In desk to see if there are any open spots available.

Cancellations

- If you signed up and can’t attend, please notify the Center as soon as possible by calling (650) 595-7444.
- Remember, we order the meals 2 business days in advance. Please cancel at least 2 business days, before, otherwise the Center will incur a cost of \$10 for each meal that was not consumed.
- Your reservation is non-transferrable and goes to the next person on the Waiting List. It would be unfair to give your spot to a friend who has not made a reservation ahead of time.

****To be in compliance with our contract with the County of San Mateo, participants are discouraged from taking lunch food home, or from bringing food into the Lunch Program. This policy is in effect to prevent food-borne illness.****