

# Twin Pines Activity Kit

Here's another 'Packet of Fun'! This is Kit #7.  
Hang in there! We'll pull through this together!



**Parks & Recreation**  
**30 Twin Pines Lane**  
**Belmont, CA**  
**650-595-7441**  
**[www.belmont.gov/parksandrec](http://www.belmont.gov/parksandrec)**



**20 Twin Pines Lane**  
**Belmont, CA**  
**650-595-7444**  
**[www.belmont.gov/adults](http://www.belmont.gov/adults)**

**“Enhancing the quality of life for the community.”**

**WOULD YOU LIKE TO STOP RECEIVING THIS KIT? CALL 595-7444.**

## Received an unexpected package of seeds lately?

The San Mateo County Agricultural Commissioner's office has received reports from numerous county residents who have received unsolicited envelopes of assorted plant seed in the mail from China.



Many detrimental pathogens and invasive species can be transmitted into the environment and local agriculture by contaminated seed shipments, and it is unclear at this time why these packages are being sent. The County Agricultural



Commissioner's office is working with the California Department of Food and Agriculture (CDFA) and the USDA to investigate these shipments.

In the meantime, we are instructing residents **not to open any unsolicited seed packets they receive**, and to **contact us for further instructions**. In order to prevent potential dispersal of invasive species and/or quarantine pests, **seed packets should not be opened, shipped, planted or disposed of by residents**. Please retain any envelopes or labels that came with the seed packets, as they may prove useful in the investigation. Please contact the San Mateo County Department of Agriculture/Weights and Measures at (650) 363-4700 or at [smateoag@smcgov.org](mailto:smateoag@smcgov.org) if you are in possession of any of these seed packets, or have any questions.

## DON'T PITCH IT, PLANT IT! Growing Plants from Kitchen Scraps

Has the shelter in place left you ready to try something new? How about growing plants from kitchen scraps? It's easy, resourceful and fun. All you need is water, dirt, containers, sunshine and patience! Let's get started!

### Scallions

- Re-growing scallions, or green onions, is a great way to start. Save the bottom third of the scallion and put it in a glass. Fill with water to cover half the stalk, then place the glass on a sunny windowsill. Now the magic occurs. Often in a mere three days, new green growth will appear at the top. Use scissors to snip off the amount needed for dishes and allow the top to continue to grow. All that is needed is to replace the water with fresh every two to three days. You may also plant them in dirt once the plant has taken root. Best left outdoors in a container or garden.



### Lettuce, Cabbage and Bok Choy

- Lettuce, bok choy and cabbage are relatively easy to grow from scraps. Instead of throwing out those leftover leaves, simply place them in a bowl with just a bit of water in the bottom. Keep the bowl somewhere that gets good sunlight and mist the leaves with water a couple of times each week. After 3 or 4 days, you will notice roots beginning to appear along with new leaves. When this happens you can transplant your lettuce or cabbage in soil.

### Celery

- Celery is one of the easiest foods to grow from leftover scraps. Just cut off the bottom or base of your celery and lay it in a bowl with just a bit of warm water in the bottom. Keep the bowl in direct sunlight as long as possible each day and after about a week, you will begin to see the leaves thickening and growing along the base. Next, you can transplant your celery in soil and wait for it to grow to full length.

There are many other vegetables you can grow from scraps including potatoes, sweet potatoes, carrots, garlic and basil. Don't throw it away....start planting today!

# LAUGHTER IS THE BEST MEDICINE

"Not plugging in the kid's tablet" is the new "forgetting to thaw the chicken for dinner" and is a punishable offense.



I don't know what the economy will look like after this, but I do know 2.5 million moms booking flights to deserted islands all at once won't hurt it.



Sometimes I like to mess with my family and hide their stuff where they can't find it.

Like I put their shoes in the shoe closet, their jacket on a hanger and their keys on the key hook.

6YO: Can we have the cookies grandma dropped off?

Me: After you guys go upstairs and clean your room

6YO and 4YO: (whispering to each other)

Me: Is there a problem?

6YO: We don't trust you alone with them



Stepping on Legos isn't as bad as everyone says it is. It actually brought me joy and laughter after my husband did it



Not everyone realizes this, but if you clean the pile of receipts out of a purse and stack them together, it makes a teeny tiny book about why you're broke.

# COOK'S CORNER

Does the Shelter in Place Order have you missing eating out at your favorite restaurant? Then why not try one of these recipes, inspired by popular menu items at famous restaurants! Do you have a favorite recipe you would like to share? Email it to [chandley@belmont.gov](mailto:chandley@belmont.gov) or postal mail to Cheri Handley, Belmont Parks and Recreation, 30 Twin Pines Lane, Belmont CA 94002. Who knows, your recipe might be featured in the next activity kit! Bon Appetit!

## JUST LIKE: RED LOBSTER CLAM CHOWDER

### INGREDIENTS

2 cups Russet potatoes  
(peeled and cubed into 1/2" X 1/2" pieces)  
2 tablespoons diced green onion the white part only  
2 cans (6.5 ounce) minced clams (reserve juice)  
16 ounces half and half  
1/3 cup bottled clam juice

1/2 cup butter  
Fresh parsley (minced for garnish)  
1/4 cup all purpose flour  
1 teaspoon salt (or to taste)  
1/2 cup whole milk



- Place potatoes in a saucepan and cover with water; cook on medium heat until tender. Remove potatoes from heat, drain and set aside. In 2 quart saucepan on medium-low heat, melt butter.
- Add diced onions and cook until onions are slightly clear in color. Add flour to butter and stir briskly. The mixture will start to thicken. Add half and half a little at a time while stirring briskly. The mixture will be creamy and will look like thick cream. Place salt, clams, and juice from cans, potatoes, bottled clam juice and milk with the mixture.
- On medium-low temperature, bring chowder to a slow boil. Turn temperature down to low and let chowder simmer gently for 15 minutes, stirring frequently.

## JUST LIKE: CRACKER BARREL MEATLOAF

### MEATLOAF INGREDIENTS

1 1/2 pounds ground chuck  
2 eggs  
1 cup crushed Ritz crackers  
1/4 cup milk  
1/2 cup finely chopped white onion  
1/4 cup finely diced green bell pepper  
14.1 ounces diced tomatoes 1 can - drained  
1 teaspoon salt  
1/4 teaspoon ground black pepper

### GLAZE INGREDIENTS

1/2 cup ketchup  
2 tablespoons brown sugar  
1 teaspoon yellow mustard  
1 teaspoon Worcestershire sauce



- Make the glaze: In a small bowl combine ketchup, brown sugar, mustard, Preheat oven to 350 °F. Line a baking sheet with parchment paper or aluminum foil for easy removal if desired.
- In a large bowl, beat the eggs well, then add the cracker crumbs, onion, green pepper, milk, salt, drained diced tomatoes, and pepper. Mix well.
- Add the ground beef and mix well. Turn out the meatloaf mixture onto the prepared pan; shape into a loaf.
- Bake for 30 minutes then spread topping on top of the meatloaf. Bake for an additional 30 minutes or until the center is 160 °F.
- Let stand for 5-10 minutes to rest, then slice and serve.

# TRIVIA FUN

**US Candy Names: How well do you know the stories behind the names of your favorite American candies?**  
*Answers on page 9*



- Which chocolate candy treat was invented by Leo Hirshfield in 1896, and was named with the nickname of his daughter?  
 A) Angel Dreams    B) Tootsie Roll    C) Mary Janes    D) Jelly Bellies
- Which chocolate-covered candy bar has a crispy peanut butter center, and was named after its founder? His first name was Andrew. It's the \_\_\_\_ Bar!  
 A) Clark    B) Murphy    C) O'Henry    D) Magillacuddy
- First made by the Charles Miller Company in 1914, and named after Mr. Miller's favorite aunt, this chewy candy's label featured a picture of a little girl.  
 A) Aunt Jemimah    B) Lotta Fun    C) Mary Jane    D) Chatty Cathy
- Fans of this candy might be surprised to learn it was first created as a peppermint candy in Vienna, Austria. These small, rectangular little candies are famous for the way they are packaged.  
 A) Whoppers    B) Pez    C) Tippiits    D) Hershey's Kisses
- These fruit flavored bell-shaped gum drops are sold in a cardboard box and are made by the same company that makes Andes Candies and Junior Mints.  
 A) Fruit Chews    B) Gum Drums    C) Dots    D) Berry Bells
- These fruit flavored candies have a thin, hard candy covering with a chewy gel center. The "names" of the candies rhyme. A) Mike and Ike    B) Barry's Cherries    C) Lime in Time    D) Hint of Mint
- You might think this nutty chocolate candy bar was named after a baseball legend, or even after the daughter of an American president (as the legend goes) but there is also evidence that the name was actually the maiden name of the mother of its company's founder.  
 A) Reggie's Ripple    B) Baby Ruth    C) Mickey's Mocha    D) Dizzy Delicious
- Which candy was created by Clarence Crane because he noticed that chocolate candy sales always decreased during the summer, and he wanted to create a "beach candy"? Usually sold in rolls, and known for their holes, this candy has many flavors and a distinctive shape.  
 A) Life Savers    B) Sweet Hearts    C) Crystal Stars    D) Sugar Squares
- These small round fruit chews have a hard candy shell and have the letter "S" printed on the outside of each candy. They might have been named for the way they move when poured out of the bag.  
 A) Skittles    B) Sunnies    C) Snickers    D) Sunkist
- This three-layer chocolate and wafer treat was first developed in 1898, in England. Its name is believed to have come from the name of an 18th century Whig literary club that was popular in England.  
 A) Kit Kat    B) Milky Way    C) Cosmopolitan    D) Mounds

# TRIVIA FUN

**The Golden Age of Lunchboxes**  
**Your lunch box showed who you were, or who you hoped to be! This quizzie is about the early history of lunch box production.**

*Answers on page 9*



1. In 1949, Robert O. Burton's original prototype lunch kit was produced. Aladdin Industries released it in 1950. It was a plain metal box with a decal on the front. Which famous TV cowboy star was pictured on the decal ?  
A) Hopalong Cassidy      B) Gene Autry      C) Roy Rogers      D) Wild Bill Hickock
  2. With the success of Aladdin's lunch kit, American Thermos decided to produce a kit of their own in 1953. Their version was a fully lithographed box with a TV like picture of the Double R Bar ranch, and the images of what famous pair?  
\_\_\_\_\_
  3. In 1954, ADCO Liberty and Universal entered as two more lunch box competitors. ADCO featured Howdy Doody, Mickey Mouse, Donald Duck and Davy Crockett. They had a run-in with Disney when which person was included on a Davy Crockett lunch box..?  
A) Kit Carson      B) Superman      C) The Lone Ranger      D) Gene Autry
  4. A new breed of 'character' lunch boxes emerged in 1957. Instead of the square metal TV screen looking box, what shape were they..?  
A) rectangular      B) triangular      C) round      D) dome-shaped
  5. Beginning in 1959, a new material began coating the outside of the lunch box. What was it..?  
A) wood      B) vinyl      C) cardboard      D) plastic
  6. In 1962, Aladdin introduced another new lunch box design technique. This technique became their trademark, and was a new way to bring life to the lunch box. What was it..?  
A) the brunch shoulder bag      B) 3-D embossing      C) the thermos cork stopper      D) the kaboodle kit
  7. Aladdin passed up the chance to get the Barbie lunch box license. KST (King Seeley Thermos) got that one. So, Aladdin created a Barbie wannabe. What was her name...?  
A) Midge      B) Katy      C) Eleanor      D) Tammy
  8. One lunch box manufacturer could not be bothered with licensing characters to put on their boxes. They did give us an unlimited variety of plaid boxes! Who were they...?  
A) Landers, Frary and Clark      B) Standard Plastics      C) Ohio Art      D) Mattel
  9. Around 1972, lunch box manufacturers switched from metal to plastic. This was to cut manufacturing costs, and because crusading mothers thought of metal as dangerous assault weapons! True / False
- A famous singer-musician has a large lunch box collection and has written two songs about them - 'There's a Devil in My Lunchbox' and 'Lunchbox'. Who is this person..?  
A) Cindy Lauper      B) Weird Al Yankovic      C) Alice Cooper      D) Marilyn Manson

# MATCHING GAMES

Movie buffs! Fill in the missing place to complete the famous movie title.

Answers on page 10.

1. \_\_\_ Confidential
  2. In \_\_\_\_\_
  3. The \_\_\_\_\_ Literary & Potato Peel Pie Society
  4. Lawrence of \_\_\_\_\_
  5. Hotel \_\_\_\_\_
  6. Out of \_\_\_\_\_
  7. Autumn in \_\_\_\_\_
  8. The Tailor of \_\_\_\_\_
  9. Meet Me in \_\_\_\_\_
  10. Seven Years in \_\_\_\_\_
- A) Arabia
  - B) Panama
  - C) New York
  - D) Guernsey
  - E) Bruges
  - F) Tibet
  - G) Africa
  - H) St. Louis
  - I) L.A.
  - J) Rwanda

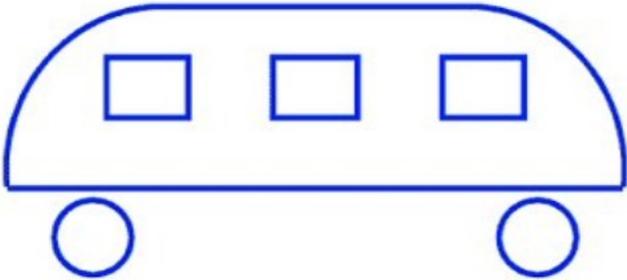
## KEITH HARING CIRCLE MAZE



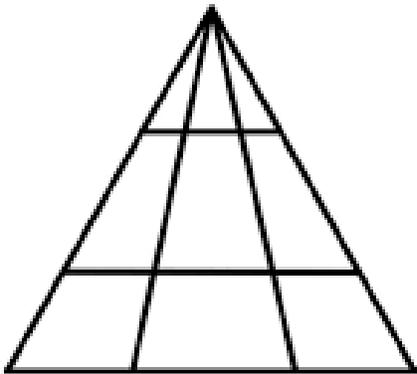
# BRAIN TEASERS

Did you know that doing **brain teasers** and logic problems can improve short-term memory loss? The more you practice, the better you get at solving them too!

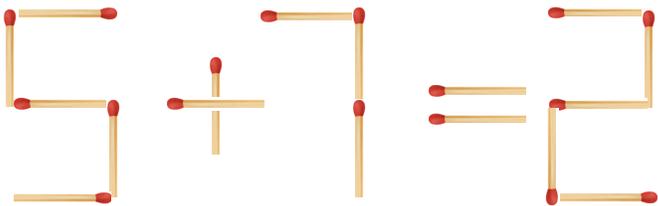
**In which direction is the bus pictured below traveling?**



**How many triangles can you find?**  
The answer may surprise you!



**Move only 1 match to fix this equation.**

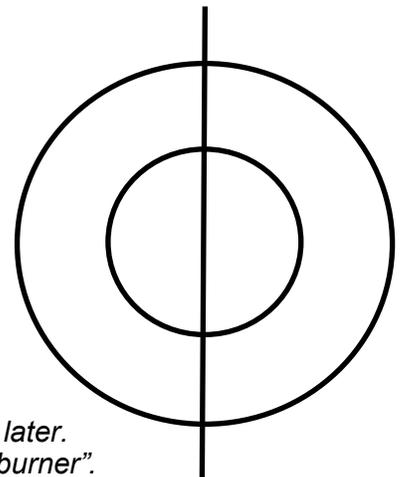


## WORD ASSOCIATIONS

There is a third word that can be associated with each of these pairs of words. Can you find that related word? The first answer is shown as an example.

1. LOCK — PIANO      KEY
2. SHIP — CARD      \_\_\_\_\_
3. TREE — CAR      \_\_\_\_\_
4. SCHOOL — EYE      \_\_\_\_\_
5. PILLOW — COURT      \_\_\_\_\_
6. RIVER — MONEY      \_\_\_\_\_
7. BED — PAPER      \_\_\_\_\_
8. ARMY — WATER      \_\_\_\_\_
9. TENNIS — NOISE      \_\_\_\_\_
10. EGYPTIAN — MOTHER      \_\_\_\_\_

**Draw Me! But: Don't take the pencil off the paper, don't cross over a line, And don't retrace a line.**



*Answers on page 10. Don't peek! If you get stuck, pause and come back to it later. You'll be surprised how the brain can work out solutions when it's on the "back burner".*

## US Candy Names Answers

1. **B) Tootsie Roll.** "Tootsie" was 5 years old when the candy was invented. Tootsie Roll industries is now one of America's largest candy companies.
2. **A) Clark.** The Clark Bar is now made by Necco (the New England Confectionery Company). When Mr. Clark first made it, it cost 5 cents, and it gained popularity among American soldiers during World War I.
3. **C) Mary Jane.** This chewy molasses and peanut butter treat led the Miller brothers to create several other candies, but the Mary Jane and its "cousin" peanut butter kisses are the ones which are still produced by this company.
4. **B) Pez.** The name "pez" is derived from the German name for peppermint: Pfefferminz. The famous Pez Dispensers come in many different fun styles that are often collected and traded.
5. **C) Dots.** These were originally called Mason Dots, and their creator also made a licorice version called Black Crows.
6. **A) Mike and Ike.** Just Born, the company that produces Mike and Ike, offers alternative flavor candies such as Jack and Jill (licorice), Berry Blast, Tropical Typhoon, Zours and Jolly Joes.
7. **B) Baby Ruth.** In 1916 Curtiss Candy company founder wanted an "American-sounding" name. Its original price was 5 cents. Many theories have been proposed for the origin of the name, including Babe Ruth. When Babe Ruth wanted to sell his own candy bar in the 1930s, as Babe Ruth's Home Run bar, the Curtiss company successfully sued him because that name too closely resembled their candy bar's name.
8. **A) Life Savers.** Crane's first flavor was peppermint, and the first candies were made without holes in them. Now the Life Saver has many colors and even many shapes.
9. **A) Skittles.** The candies come in many varieties now, and are made by the Mars company. They were first produced in 1974.
10. **A) Kit Kat.** The original bar was made in four sections, when a worker at Rowntree Limited of York made a suggestion that the company make a snack that a worker could put into their lunchbox. A popular commercial for the bar says "give me a break", because the candy can be easily broken into sticks.

## Golden Age of Lunchboxes Answers

1. **Hopalong Cassidy.** The first 'Hoppy' kit was red and white. The decal showed Hopalong Cassidy kneeling behind a mound of dirt, ready with a gun in each hand. A metal lithographed vacuum bottle was packed inside.
2. **Roy Rogers & Dale Evans.** Roy Rogers had gone to Aladdin about being featured on a lunch kit, but they turned him down saying 'one cowboy is enough'!
3. **Kit Carson.** ADCO included Kit Carson on a Davy Crockett lunch box. Since he is not a Disney character, it did not go over well with Disney! In 1956, Disney signed with Aladdin instead...and ADCO stopped producing lunch kits.
4. **Dome Shape.** The dome shape was reminiscent of the black lunch pail used by factory workers and field hands in the late 19th century. Aladdin produced a Buccaneer dome with illustrations of pirates, pirate ships and coins. American Thermos had one that looked like a Red Barn..
5. **Vinyl.** The vinyl coating over stiff cardboard was supposed to make lunch boxes waterproof and less likely to rust and dent, like the metal ones.
6. **3-D Embossing.** They stamped a sixteenth inch relief onto the front and back of their metal lunch boxes. The images stood out!
7. **Tammy.** Needless to say, it was not as popular as Barbie.
8. **Ohio Art** dropped out of the lunch box business in 1985.
9. **True.** But...plastic boxes are not as valuable as the old metal ones. So, that hurts collectors too!
10. **Marilyn Manson.** The 'Lunchbox' song confirms the suspicions of concerned mothers ...'I've got my lunchbox and I'm armed real well!' So much for heavy metal...

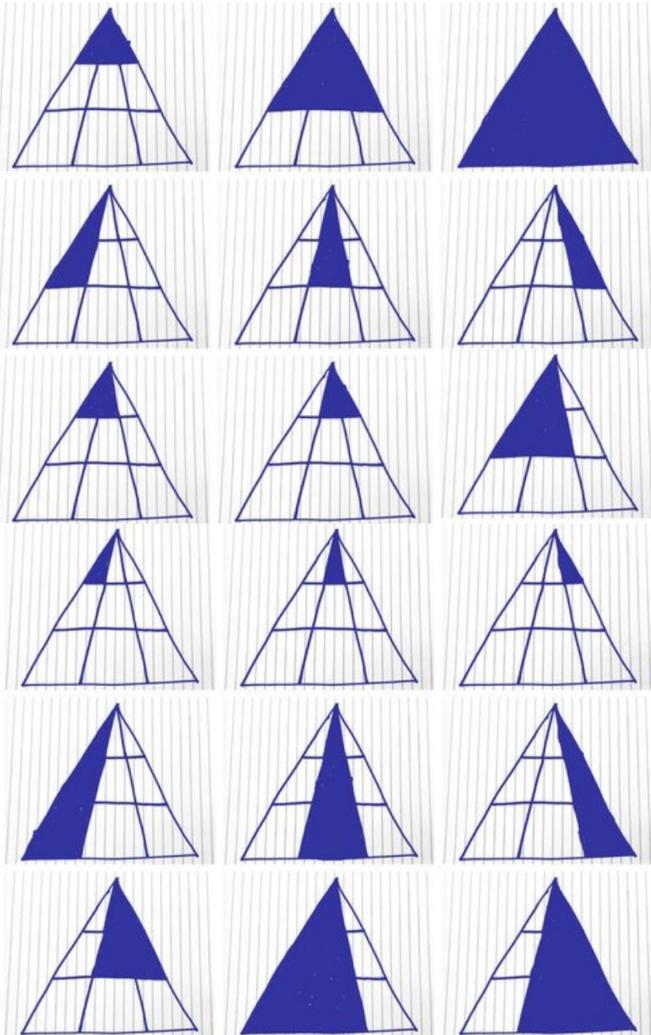
## Matching Movie Titles Answers

1. L.A. 2. Bruges 3. Guernsey 4. Arabia 5. Rwanda 6. Africa 7. New York 8. Panama 9. St. Louis 10. Tibet

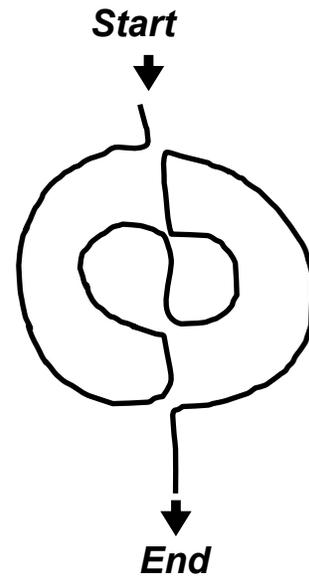
**Bus Travel Answer:** When pre-school children in the US are shown this brain teaser, they often answer "left." Why? "Because you can't see the door."

**Word Pair Association Answers:** Congratulations! You just exercised your temporal lobe. If you're right-handed, you used your left temporal lobe. If you're left-handed, you actually used both! Answers: 1. Key 2. Deck 3. Trunk 4. Pupil 5. Case 6. Bank (or Flow) 7. Sheet 8. Tank 9. Racket 10. Mummy 11. Pipe

## How many triangles? 18!



## Draw Me!



Move only 1 match to fix this equation.

