



# March Twin Pines Lunch Program Menu



Aging & Adult Services Agency

\*Please read our lunch policies in the back.

Call in advance to sign up or cancel (650) 595-7444

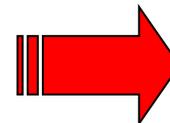


20 Twin Pines Lane,  
Belmont, CA 94002

Tuesday	Wednesday	Thursday
<p>3 <b>From the Sea</b> Baked Salmon, rice pilaf, green beans, salad-bread, fruit</p>	<p>4 <b>Sandwich of the Day</b> Open faced chicken salad sandwich on wheat english muffin, potatoes, broccoli, cauliflower, carrots, salad, dessert</p>	<p>5 <b>Chicken Rice Bowl</b> <i>Chicken &amp; mushroom rice bowl w/sweet peppers &amp; onions, parmesan cheese, salad, bread, fruit</i> </p>
<p>10 <b>Trivia Tuesday</b> BBQ pork ribs, cole slaw, baked beans, carrots, bread, salad, fruit</p>	<p>11 <b>Chicken Delight</b> Ground chicken patties over brown rice, demi glaze, cauliflower, carrots, bread, salad, fruit</p>	<p>12 <b>Birthday Lunch</b> Teriyaki pork, brown rice, carrots, snow peas, bread, salad, cake, oj</p>
<p>17 <b>St. Patrick's Day</b> Corned beef, cabbage, potatoes, carrots, salad, bread, dessert, oj</p>	<p>18 <b>Taste of Italy</b> Garlic chicken fettuccine, green beans, squash, salad, fruit, bread salad, fruit</p>	<p>19 <b>Hearty Lasagne</b> Meat lasagna garlic wheat bread, bok choy, carrots, salad, bread, fruit</p>
<p>24 <b>CLOSED FOR PAINTING</b></p>	<p>25 <b>CLOSED FOR PAINTING</b></p>	<p>26 <b>CLOSED FOR PAINTING</b></p>
<p>31 <b>Pork Stroganoff</b> Pork stroganoff over wheat pasta, mushrooms and carrots, salad, bread, fruit</p>	<p>Interested in lunch during our closure? Contact the San Mateo Senior Center for information on their meal program. 650-522-7490</p>	

Late arrivals after 11:45 are considered No-shows

Sign up or cancel 2 days in advance!



**Tuesday Lunch:** Call by *Friday*  
**Wednesday Lunch:** Call by *Monday*  
**Thursday Lunch:** Call by *Tuesday*

# Twin Pines Lunch Program Policies

The Lunch Program is provided through a grant awarded by San Mateo County and run by Volunteers. Funding is limited; therefore we must comply with certain policies to ensure everybody gets equal opportunity to enjoy the delicious meals catered by Creekside Grill.

## Cost

**Age 60+:** Suggested donation of \$5 per person

**Age 59 or less:** There is a fee of \$10.00

## Reservations

- Sign up as early as possible. Meals are ordered 2 days in advance from the caterer. Popular events require earlier reservations.
- “Dropping in” does not guarantee a meal, as there are only a specific number of meals ordered. Make sure you signed up on the reservation list first.

## On arrival

- The Lunch Room opens at 11:00am. Lunch is served at 11:30am. Please wait in the Lobby before that.
- Before going into the lunch room, attendees must first register at the Check-In table with the Check-In Volunteer.
- Seating is first come, first serve. We discourage reserving seats for people who haven’t arrived, and instead encourage welcoming new people who are looking for a place to sit. If you want to sit only with friends, please be courteous to others and wait for your full party to arrive before taking a seat.
- People without a reservation or “guests” cannot go into the Dining Room. Seating is available only for people on the List.
- Arrivals after 11:45am are considered No-Shows and forfeit their meal. It will go to the first person on the Waiting List.

## Waiting List

- If you are on the Waiting List, we cannot guarantee you will be able to partake of a meal. We will call you on your phone number to let you know if there were any cancellations.
- Those on the Waiting List must wait for a call, or wait outside in the Lobby until 11:45am. After 11:45am you can Check-In with the Volunteer at the Check-In desk to see if there are any open spots available.

## Cancellations

- If you signed up and can’t attend, please notify the Center as soon as possible by calling (650) 595-7444.
- Remember, we order the meals 2 business days in advance. Please cancel at least 2 business days, before, otherwise the Center will incur a cost of \$10 for each meal that was not consumed.
- Your reservation is non-transferrable and goes to the next person on the Waiting List. It would be unfair to give your spot to a friend who has not made a reservation ahead of time.

**\*\*To be in compliance with our contract with the County of San Mateo, participants are discouraged from taking lunch food home, or from bringing food into the Lunch Program. This policy is in effect to prevent food-borne illness.\*\***