

# November 2, 2018 *City Manager's Weekly Update*



## In This Issue

### Highlights

- Belmont Creek Flood Management Engagement
- Please Join Us in the Naming of the Eric Reed Grove – November 11, 2018
- Second Annual Veteran's Day Event – November 12, 2018
- American Red Cross Home Fire Campaign
- Belmont Annual Community Service Award – Call for Nominations
- Beautiful Belmont Awards – Seeking Nominations
- Civic Engagement (School Visit and Election Night Out)
- San Mateo Gun Buyback
- City Hall Lobby ADA Compliance/Customer Service Remodel Progress

### Public Works

- Adopt – a- Drain
- Project Updates and Traffic Advisories

### Parks and Recreation

- Twin Pines Master Plan Preliminary Conceptual Design Goes to Parks and Rec Commission
- Halloween Fun at the Belmont Community Centers
- Tree Planting at Hidden Canyon Park
- Holiday Faire Coming - November 18<sup>th</sup>

### Upcoming Events

- Coats for Kids Collection Nov 5-9<sup>th</sup>
- Hearing Screenings-Twin Pines Park Nov 7<sup>th</sup> Free to the Public
- Meeting - Caltrain Electrification – Belmont Nov 8<sup>th</sup>

### Other Agency Reports

- EPA Selects SVCW RESCU Program to Apply for Water Infrastructure Loan That Could Save \$20 Million

### Community Calendars

- Twin Pines Community Center
- Belmont Public Library

## **Upcoming Meetings:**

Click for: [Web Agendas and Minutes](#)

- Nov 6 Election Day
- Nov 8 Rescheduled Planning Commission Meeting
- Nov 7 Park and Recreation Commission Meeting
- Nov 12 **Veteran's Day Observed (City Hall Offices Closed)**
- Nov 13 City Council Meeting
- Nov 20 Planning Commission Meeting
- Nov 22-23 Thanksgiving Holiday (City Hall Offices Closed)

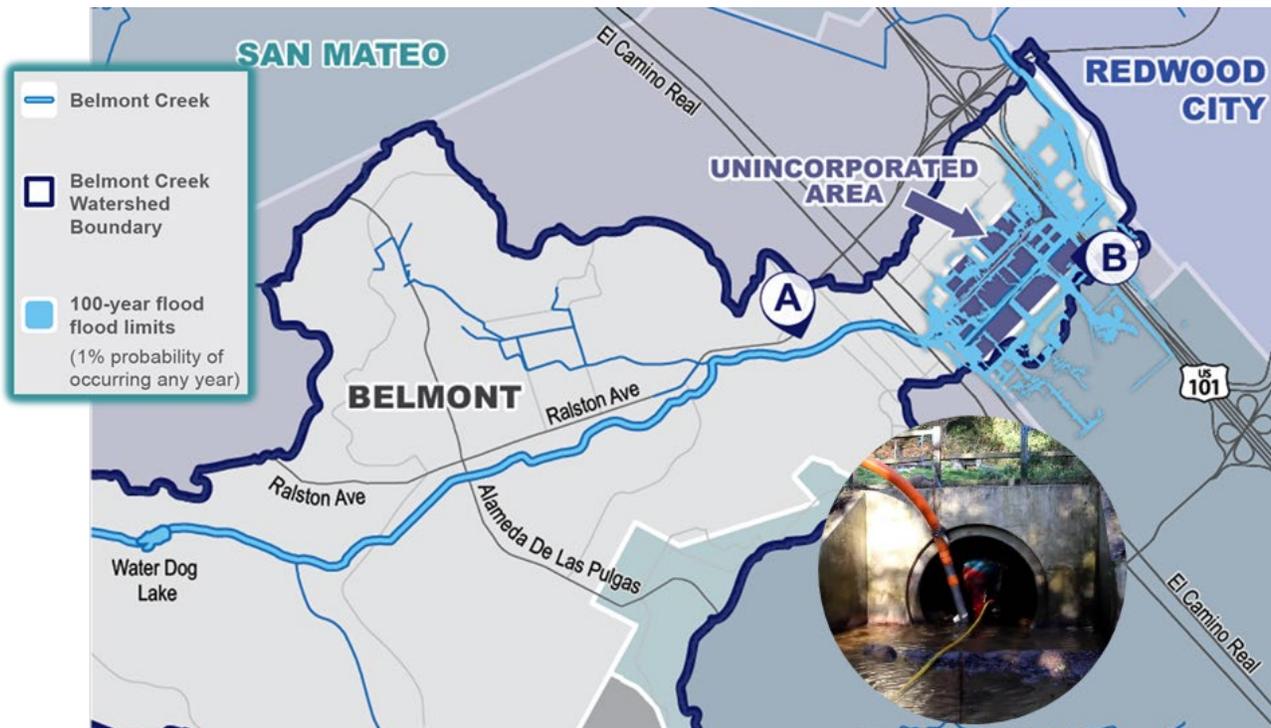
## **Belmont Creek Flood Management Engagement**

San Mateo County and the Cities of Belmont and San Carlos are collaborating on the Belmont Creek Flood Management Plan. The plan will enhance the natural function of the watershed and protect people and places from flooding. Flooding occurs between Old County Road and Industrial Road and continually impacts residents and businesses. The full length of the creek has been studied and analyzed for capacity deficits, erosion, and bank stability. Today's system has capacity for the 10 year storm, which has a 10% probability of occurring any year. With community input, the Flood Management Plan is looking to protect for larger storm events. Implementing multi-beneficial flood resilient solutions for larger flood events will save the community from costly damage in future storm recovery costs.

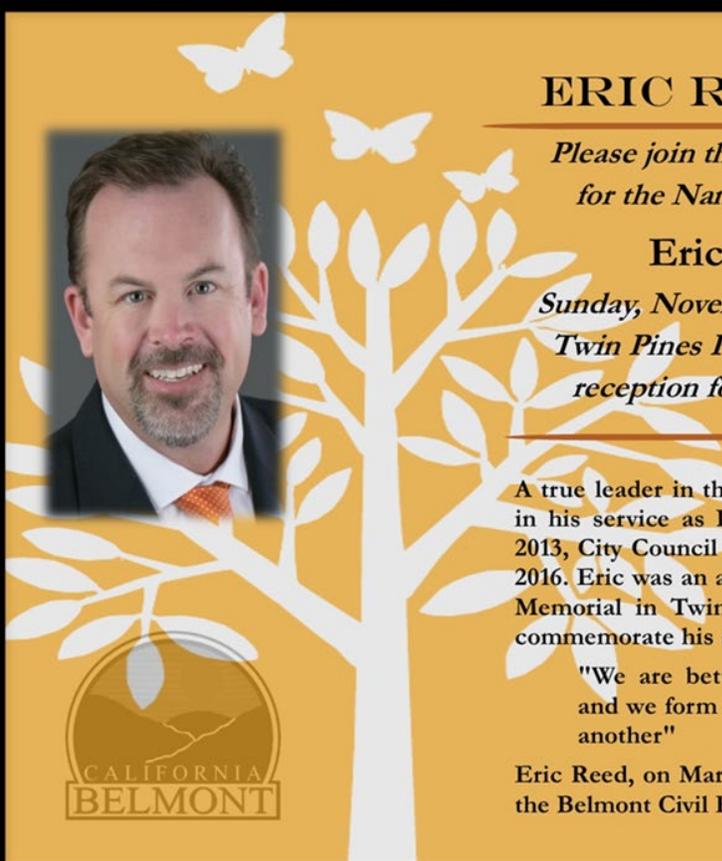
Join us at this meeting for community members to learn more about the Belmont Creek Flood Management Plan, review potential flood management alternatives, and provide your feedback.

**WHEN:**  
November 29, 2018  
6:00 pm

**WHERE:**  
Belmont City Hall  
EOC Room 2nd Floor  
1 Twin Pines Lane  
Belmont, CA 94002



[Back to Top](#)



## ERIC REED GROVE

*Please join the Belmont City Council  
for the Naming Ceremony of the*

### Eric Reed Grove

*Sunday, November 11, 2018 at 1:00 p.m.  
Twin Pines Park, Belmont CA 94002  
reception following the ceremony*

A true leader in the Belmont Community exemplified in his service as Planning Commissioner from 2008-2013, City Council Member 2013-2017 and Mayor 2015-2016. Eric was an advocate for establishing a Veteran's Memorial in Twin Pines Park, and on this day we commemorate his accomplishments and dedication.

"We are better because we come together and we form a Community that respects one another"

Eric Reed, on March 25, 2017, speaking in support of the Belmont Civil Rights Resolution.



## Monday, November 12, 2018

**11:00 a.m.**

### At the Veterans Memorial

### Twin Pines Park, Belmont

Second Annual  
Veteran's Day  
Event

## American Red Cross Home Fire Campaign



The Belmont Fire Department wants to extend a huge thank you to the American Red Cross for the Home Fire Campaign Event they held on Saturday, October 27<sup>th</sup> in the cities of Belmont, Foster City and San Mateo. The goal of the program is to save lives, reduce injuries and build more resilient communities through raising awareness, facilitating preventative actions, and fostering community participation in fire safety.

The event utilized 43 volunteers, including Belmont CERT members who installed free smoke alarms in homes and provided education on how to maintain the alarms as well as emergency preparedness information. As a result, 90 smoke alarms were installed in 15 homes serving 35 individuals in Belmont alone. The event emphasizes the true partnership between the Red Cross and local government agencies.





## **Belmont Annual Community Service Award – Call for Nominations**

The City's Community Service Award is designed to recognize Belmont residents who have made significant impacts on the quality of life in Belmont.

Do you know a Belmont resident who has given significant service to the community, supported safety efforts and fostered connections in their neighborhood? Or an individual or group who has helped distinguish Belmont as a place for a variety of sports and cultural opportunities for all ages? Nominate someone you know who is making a difference in Belmont for the 2018 Community Service Award!

Nominees should exemplify one or more of the following:

- Exceptional commitment to volunteerism by helping with a special project and/or ongoing activities;
- Unselfish leadership, creativity, cooperation, and hard work in the service to others;
- Inspiration to others as a role model;
- Exemplary leadership in civic activities.

Any individual whose volunteer efforts directly benefit the Belmont community is eligible. Nomination forms are due by 5:00 p.m. on Wednesday, November 21<sup>st</sup>. Nomination forms are available online at [www.belmont.gov/award](http://www.belmont.gov/award), or at Belmont City Hall. The Award, along with the Annual Beautiful Belmont Awards, will be presented at the City Council Meeting on Tuesday, December 11<sup>th</sup> at 7:00 PM.

Mayor Doug Kim states, "This award is but one way the City of Belmont recognizes one individual each year who goes above and beyond the call to make our community a better place."

For more information about Belmont's Community Service Award, please call the Finance Department at 595-7433, or go to the City of Belmont website at [www.belmont.gov/award](http://www.belmont.gov/award).



### **Beautiful Belmont Awards – Seeking Nominations**

The City of Belmont City Council proudly announces the upcoming 12<sup>th</sup> Annual Beautiful Belmont Awards Program. The City is calling for nominations from the community for both the Residential and Commercial categories. Awards will be presented at the City Council Meeting on Tuesday, December 11<sup>th</sup> at 7:00 PM.

This recognition program is designed to acknowledge individuals, businesses, and community groups who have enhanced the community by making significant exterior improvements to their Belmont properties. Eligible improvements include the enhancement, upgrading, reconstruction, or replacement of a property, making it more visually appealing as well as enriching the surrounding neighborhood or district.

For more information on the Beautiful Belmont Awards Program, or to submit a nomination, please visit the City's website at [www.belmont.gov/beautifulbelmont](http://www.belmont.gov/beautifulbelmont), call (650) 595-7433 or e-mail at [nvoelker@belmont.gov](mailto:nvoelker@belmont.gov).

Examples of previous years' (2017) winners:

#### **Commercial/Institutional:**



#### **Residential:**



# Civic Engagement

## Students Visit City Hall



This week another group of students came to City Hall to learn about fire and public works vehicles, they toured the Police Department, and participated in a mock City Council meeting with Mayor Kim. This group of students came from Kidizens, an organization located in Belmont that provides a highly creative, collaborative and engaging, project-based, learning environment with countless LEGOs, where children build,

inhabit, manage and govern their own small-scale cities. Kidizens LEGO camps, classes and workshops provide Bay Area children a unique opportunity to learn valuable real-life lessons about civics and economics — community building, policy-making, governance and budgeting — as well as how to successfully operate in a team environment and acquire civic leadership skills.

During the mock meeting, the “City Council” voted unanimously to leave a new park site (Davey Glen) as open space so as to not disturb the wildlife and trees that already exist. Second graders from Nesbit make annual visits to City Hall as part of their social studies curriculum.

If any other school groups are interested in a similar field trip, contact the City Clerk's office at [cclerk@belmont.gov](mailto:cclerk@belmont.gov), or 650-595-7413 to arrange a tour.



### Election Night Out Party



Borrowing on the “National Night Out” theme, City Clerk Terri Cook and Belmont Library Manager Kathleen Beasley teamed up to host an “Election Night Out” party at the Belmont Library on Thursday evening. It was a time for neighbors to connect while they drop off their ballot or get ballot or voting information from Elections Office staff. Refreshments and entertainment were provided, along with games and activities for the kids.

Members of the Youth Advisory Committee helped with setup and cleanup. A couple of 16-year-olds preregistered to vote. Approximately 30 adults brought their youngsters to participate in this fun event that celebrated democracy and our right to vote. Mayor Kim even came by to wish everyone well! It’s hoped that participation by young people in an event like this will foster the next generation of voters.



[Back to Top](#)

## San Mateo Gun Buyback

The Belmont Police Department will be participating in the San Mateo County Gun Buyback Event on December 15<sup>th</sup>. This event, supported by the Belmont Police Department, San Mateo County Sheriff's Office and Redwood City Police Department, will take place at 1402 Maple Street in Redwood City from 10:00 a.m. to 2:00 p.m. The Gun Buyback presents a safe way for individuals to turn in any firearms with no questions asked.



San Mateo County Sheriff's Office  
Public Information Office  
400 County Center  
Redwood City, CA 94063  
Detective Rosemerry Blankswade  
650-363-4800 (office)  
650-421-1243 (cell)  
[pio@smcgov.org](mailto:pio@smcgov.org)

# NEWS RELEASE

**Incident Date and Time:** Saturday, December 15th, 2018 10am-2pm  
**Location:** 1402 Maple Street, Redwood City, California  
**Type of Crime/Incident:** San Mateo County Gun Buyback Event

### Summary:

San Mateo County Sheriff Carlos G. Bolanos, Redwood City Police Chief Dan Mulholland, Belmont Police Chief Daniel J. DeSmidt, and the "Citizens for a San Mateo County Gun Buyback" are supporting an anonymous gun buyback event. This anonymous event was established to provide individuals with a safe way to surrender any firearms with no questions asked. Individuals can receive up to \$100 cash for a handgun, shotgun, or rifle and up to \$200 cash for an assault rifle.

A group of citizens from San Carlos deemed the "Citizens for a San Mateo County Gun Buyback" initiated this program, and it was very successful in May of this year. Since then, they reviewed the information from the anonymous surveys to increase efficiency and gained additional supporters to help make this next Gun Buyback event even more successful.

San Mateo County Sheriff Carlos G. Bolanos stated, "The continuation of the Gun Buyback program and the increase in the interest and support, demonstrates great collaborations and triumphs for this community."

Chief Mulholland stated, "The Gun Buyback program provides an opportunity for positive dialog surrounding safe weapon possession and empowers responsible gun owners to unify behind a worthwhile program that provides a safe environment to surrender unwanted weapons, without question, for destruction."

Chief DeSmidt stated, "The grass roots support by our communities makes the Gun Buyback program a great example of the shared desire for safety in our homes and neighborhoods."

**Release Date: November 1st, 2018**



[Back to Top](#)

**City Hall Lobby ADA Compliance/Customer Service Remodel Progress**



Phase II of this ADA compliance project is progressing, as installation of the Lobby wood paneling has been completed. Power and data were connected to the front counter this week and Lobby signage is scheduled to be installed the week of November 12<sup>th</sup>. A new Point of Sale system has been purchased to modernize cashiering. Also, testing will be begin on large display monitors for the electronic queuing system. Painters will also return to spot paint the main stairwell, as well as any necessary touchups in the Permit Center. Staff is working on a

plan and timeframe to move the Permit Center back down to the Lobby within the next few weeks, which will complete Phase II. As previously reported, given the unique issues the project team has been dealing with regarding the transaction drawer for the PD after-hours window, the project was split into 3 phases. Phase III will address the PD interior lobby and the night window. The project team is working diligently to keep costs down as this project nears completion.



# Public Works

## ADOPT-A-STORM-DRAIN



### Take Part To Help Keep Our Waterways Clean

All storm drains in Belmont go directly to Belmont Creek and into the San Francisco Bay. In order to keep them flowing properly and to minimize localized flooding during rain events, while also protecting our waterways and keeping them clear, is key to water/flooding pollution and prevention.

### *A clean community is a happy community*

The city has a comprehensive preventative maintenance program to inspect, monitor, and maintain 1,400 of our storm drain inlets throughout the city. Regular scheduled street sweeping is in place, with enhanced sweeping during winter months. "No Dumping-Flows To Bay" storm drain placards are installed on every storm drain. The Belmont Public Works Department has also installed trash capture devices in 69 storm drains where litter activities have been an issue.

When leaves, litter, and other harmful waste enter the storm drain, not only can it cause backups, but is unsightly in our neighborhoods. Litter and other pollutants can also harm wildlife, fish, and the environment.

The City of Belmont has started an Adopt-A-Drain Program for residents to take part in being proactive in their neighborhood.

### What is Adopt-A-Drain?

#### Residents

Any resident can adopt a drain in their neighborhood. Just fill out the [online form](#) and select an address location of the storm drain from the Adopt A Drain map that you would like to adopt. Once you have adopted a drain, be committed to keeping the top of the grate clear of leaves and trash. Report illegal dumping and drainage, and any backups that are coming from below the grate or if the inlet below the grate has trash. Staff will come out and remove the grate to clear any blockage. Once you have signed up, you will receive an Adopt-A-Drain starter kit.

[Back to Top](#)

## TRAFFIC ADVISORIES

### Ralston Avenue Sewer Rehabilitation Project Phase II:

#### Ralston Avenue:

The City's contractor will be continuing work on Ralston Avenue between Academy Avenue and Avon Street. This work is scheduled to take place from **Monday, November 5, 2018** through **Friday, November 9, 2018** with extended construction hours from 9:00 am – 4:00pm, with the exception of **Tuesday, November 6, 2018** the city has granted extended working hours from 7:00 am – 5:00 pm. The contractor will be installing (pipe reaming) 338 LF of 20" HDPE sewer pipe and 273 LF of 22" HDPE. The pipe was delivered on site Wednesday, October 31<sup>st</sup> and the crew is in the process of fusing the pipes together for the installation which is scheduled for **Tuesday, November 6, 2018**. During the extended working hours on this day (**7am-5pm**), the lane closures will continue to be between 9am-4pm with one lane of traffic open east and west bound. The scope of this work is critical and the contractor needs additional working hours for the proper installation of the new pipe. The majority of the construction will be contained within the center median. The city will continue to evaluate and modify the traffic control as well as the granted working hours and will adjust accordingly at the City of Belmont discretion. Traffic and pedestrian control will be in place during these working hours to help alleviate traffic congestion and pedestrian safety. Thank you for your understanding and patience during this challenging project.







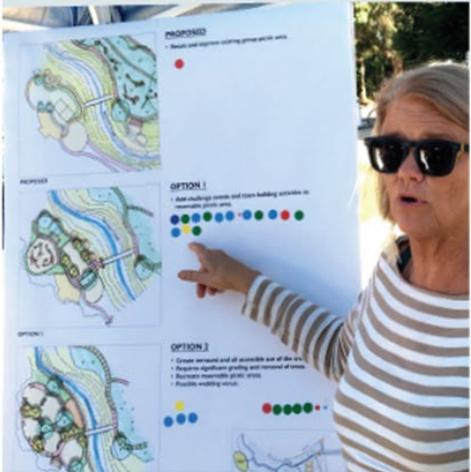
# PARKS AND RECREATION

## Twin Pines Master Plan Update

Please join us for the presentation of the Draft Twin Pines Park Master Plan at the Parks & Recreation Commission meeting on November 7<sup>th</sup> at 7pm. This meeting is open to the public and presents a wonderful opportunity to see the master plan evolution in process and to share your comments.



**TWIN PINES PARK  
MASTER PLAN**  
BELMONT, CALIFORNIA



**Learn About The Master Plan & Review Options**

**November 7**  
Parks & Recreation  
Commission Meeting

*1 Twin Pines Lane, Floor 2*  
*7pm*

**Preserve the past & plan for tomorrow**

**Why should you participate?**

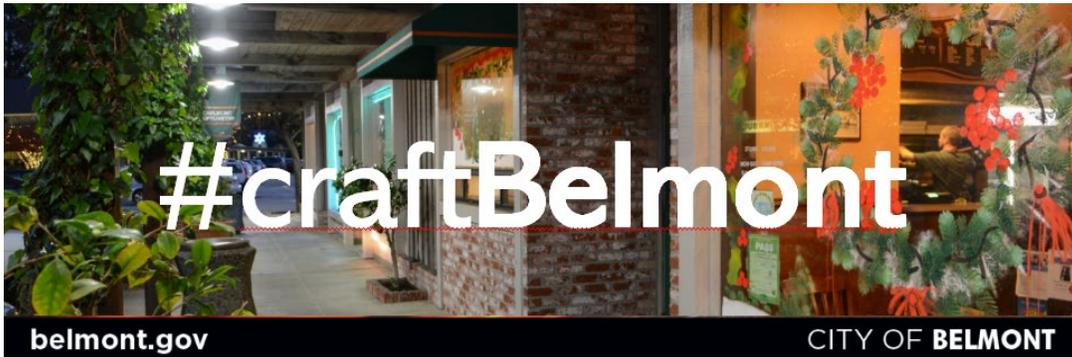
It's an opportunity to share your ideas about the future of our beautiful park!

**Want to learn more?**

Visit our site: [belmont.gov/twinpinesmp](http://belmont.gov/twinpinesmp)



[Back to Top](#)



*City of Belmont's Annual*  
**Holiday Craft Faire**  
Saturday, November 17 9am - 5pm

**Twin Pines Park**  
♣ Twin Pines Cottage  
♣ Twin Pines Lodge  
♣ Twin Pines Manor  
♣ Twin Pines Senior & Community Center

**OVER 70 VENDORS & BOOTHS!**

*Plus:*  
*Live music*  
*Food trucks*  
*Free admission*  
*Free parking*

[Back to Top](#)

# Halloween Fun at Belmont's Community Centers



## Belmont Community Learning Center

This week the children at the BCLC celebrated Halloween with a visit from Boswick the Clown and enjoyed a magic show, and latter followed by a costume parade. Happy Halloween!

**V.O.I.C.E.S.** completed their monthly in-house service project for the month of October by making Halloween 52 goodie bags to be distributed at Lucille Packard's Children Hospital. The bags included various treats including word search puzzles, pencils, and candy for snacks. The teens wanted to bring the Halloween fun to the children that may not get the chance to go out and trick or treat this year. Next month's community service project will be sorting canned food goods for families in need at Second Harvest Food Bank for distribution around Thanksgiving.



[Back to Top](#)

## The Teen Zone

The first annual Teen Zone Carnival happened this week. Teens played lots of games, including a candy guessing game, lawn bowling, penny toss and more. The Halloween costumes were awesome. Dwight from the Office was the costume contest winner. Honorable mention went to a dark angel, a T-Rex, and a ketchup bottle. Great fun was had by all. Stop by the Teen Zone for friendship, food, and fun! Join us for Tutor Thursdays and Yoga Fridays! No pre-registration necessary.



## Adult Programs - Senior & Community Center

### Fitness Can Be Fun!

A group of exercise enthusiasts get fit with Zumba Gold on Wednesday mornings at the Twin Pines Senior and Community Center. Zumba classes are known for their "Party Like" atmosphere. Halloween was no exception, when the instructor and some of the students came in costume to exercise.



### Halloween Celebration

Who says Halloween is just for kids? On Monday the French Group brought their sense of humor out on display and celebrated with a potluck. Then on Wednesday the Center had a festive luncheon with games, jokes, clever costumes and of course candy for all



## Hidden Canyon Park Tree Planting

At Hidden Canyon Park, parks staff partnered with the local girl scout troop to plant trees this week. The project is part of the girl scout troop effort to achieve their Silver Award, which includes community service endeavors. In preparation for the tree planting project, parks staff updated the irrigation system to ensure adequate watering of the new trees. The tree selections are California natives, including Coast Live Oaks and Redwoods. These trees will add beauty and serve functionally to provide shade at the entry to the park and provide a beautiful canopy over the driveway. In addition, this tree planting satisfies our annual commitment with the National Arbor Day Foundation as a "Tree City USA". This is our twelfth year with the Tree City USA designation.



# Other Agency Reports



Hello,

Please join Caltrain staff for a community meeting about Caltrain electrification. Staff will provide information about upcoming construction activities that will be occurring in the city of Belmont.

In the coming months, crews will continue foundation installation and begin installation of poles along the rail corridor in Belmont. The meeting will provide an opportunity for residents to learn more about the project, including the scope and schedule of upcoming construction activities. Please visit [calmod.org/get-involved](http://calmod.org/get-involved) to sign-up for weekly construction updates.

**Meeting Details:**

Thursday, November 8 from 6:00-7:00 p.m.  
Belmont City Hall, 2nd Floor  
Emergency Operations Center  
1 Twin Pines Lane  
Belmont, CA

**FOR MORE INFORMATION**

 [calmod.org](http://calmod.org)

**CONTACT**

MAIL: 2121 S. El Camino Real, Suite 300  
San Mateo, CA 94403

 650.399.9659  
 [calmod@caltrain.com](mailto:calmod@caltrain.com)



[Back to Top](#)



**Silicon Valley Clean Water  
Regional Environmental Sewer Conveyance Upgrade  
Program  
(formerly known as Conveyance System Program)**

**November 1, 2018**

**EPA Selects SVCW RESCU Program to Apply for Water Infrastructure  
Loan That Could Save \$20 Million**

The federal government is poised to invest up to \$181 million in Silicon Valley Clean Water's (SVCW) Regional Environmental Sewer Conveyance Upgrade (RESCU) program.

The U.S. Environmental Protection Agency (EPA) announced today that SVCW is one of 39 applicants selected to participate in a low-interest loan program under the Water Infrastructure Finance and Innovation Act (WIFIA). The invitation, which comes after initial screening by the EPA, doesn't guarantee funding but signals a very high probability of acceptance. Invited applicants from last year obtained the funding amounts they sought.

If successful, WIFIA's low interest rates and flexible financial terms could save SVCW and member agencies at least \$20 million over more expensive funding options.

The \$181 million would go toward paying for RESCU's \$421 million total price tag.

An infographic titled "EPA's 2018 WIFIA LOANS ARE HELPING TO REBUILD AMERICA'S WATER INFRASTRUCTURE". Below the title, it states: "The Water Infrastructure Finance and Innovation Act (WIFIA) program accelerates investment in our nation's infrastructure. Here's how WIFIA is transforming America in 2018:". The infographic features four icons and their corresponding statistics: 1. A stack of money icon representing "\$5 BILLION IN WIFIA LOANS". 2. A water pipe icon representing "SUPPORTS \$10 BILLION IN INFRASTRUCTURE INVESTMENTS". 3. A hard hat icon representing "155,000 JOBS CREATED". 4. A group of people icon representing "22 MILLION PEOPLE IMPACTED". At the bottom, there is the EPA logo, the hashtag "#WIFIA", and the website "epa.gov/wifia".

Established by the Water Infrastructure Finance and Innovation Act of 2014, the WIFIA program is a federal loan and guarantee program at EPA that aims to accelerate investment in the nation's water and wastewater infrastructure by providing long-term, low-cost supplemental loans for regionally and nationally significant projects.

[Back to Top](#)

"The EPA is showing robust support for our RESCU program and providing us an opportunity to secure attractive financing for this crucially important project," said SVCW Manager Teresa Herrera.

The EPA low-interest loan program is looking to provide about \$5 billion in loans to 39 applicants next year, for projects that would cost a total of about \$10 billion. Other local governments invited to participate in the WIFIA loans were San Mateo-Foster City for wastewater treatment plant upgrade and expansion and City of Sunnyvale for construction and rehabilitation of facilities.

Now, SVCW must go through a credit assessment and then negotiate terms for the loan.

"The rate for SVCW will be set when we close the loan but based on today's rates it would be significantly better than bonding rates" said SVCW Chief Financial Officer Matt Anderson. "The EPA also offers flexible financial terms that, if achieved, will benefit local ratepayers."

The \$421 million RESCU program will be financed through a combination of this WIFIA loan, public bonds, and State Revolving Fund Loans. SVCW is currently working with the State of California for larger SRF loans which, if successful, further reduces the amount of public bonds SVCW must issue.



The RESCU program addresses the imminent failure of the community's wastewater systems by replacing infrastructure that conveys untreated wastewater to the publicly owned treatment works (POTW) at SVCW at 1400 Radio Road, Redwood City. Elements include a 3.5-mile gravity pipeline, four pump stations, and a headworks facility.

RESCU is made of up 17 components, each consisting of specific improvements and upgrades to portions of the conveyance system and the wastewater treatment plant. Each component has a separate schedule and timing for implementation. The project components are located within the cities of Belmont, Menlo Park, Redwood City, and San Carlos.

They would ensure that SVCW can efficiently, reliably, and safely convey and treat wastewater from its four member agencies, Belmont, San Carlos, Redwood City, and the West Bay Sanitary District (which provides sanitary sewer collection services to the cities of Menlo Park, Portola Valley, and portions of Atherton, Woodside, East Palo Alto, and unincorporated areas of San Mateo County).

RESCU is being constructed under three separate progressive design-build contracts. The first contract was awarded in October 2017 for design and construction of the Gravity Pipeline Project. The second was awarded in November 2017 for design and construction of the Front of Plant Project, including the Receiving Lift Station, Headworks, Influent Connector Pipeline, and Site Civil work. Most recently, on July 16, 2018, SVCW released the Request for Qualifications to select a design build firm for the Pump Station Improvements Project.

Work has begun on both the Front of the Plant and gravity pipeline projects and will continue through 2022. A contract for the pump stations will be issued early 2019.

The pump stations are in varying states of condition, ranging from poor to very poor. In most instances, equipment is at the end of its useful life and the condition has degraded to the extent that the systems require extensive maintenance to ensure functionality and reliability.

[Back to Top](#)

The 45-year old concrete forcemain's condition is poor with a history of numerous leaks. Forcemains often have lifespans of 25 to 35 years. The SVCW forcemain has exceeded its useful life and must be operated at low pressures to avoid a catastrophic leak. Failures of the forcemain have included numerous joint leaks caused by unstable young bay mud soil conditions as well as occasional catastrophic failures caused by internal and external corrosion of the concrete and reinforcing steel along with system surge.

RESCU replaces a 1960's-era conveyance system that is beyond its typical useful life and cannot reliably and safely convey future wastewater flows of up to 108 million gallons per day (MGD). Elements of the SVCW conveyance system are 35-46 years old and have experienced repeated and significant leaks. RESCU protects public health by reliably conveying wastewater for 225,000 people and businesses in the service area.

Questions About the SVCW Regional Environmental Sewer Conveyance Upgrade (RESCU) Program

Duane Sandul 650-585-2181

[duanesandul@gmail.com](mailto:duanesandul@gmail.com)

- Let us send you electronic updates to your email - send us your email to [siliconvalleycleanwater@svcwnews.com](mailto:siliconvalleycleanwater@svcwnews.com) and ask for Pipeline Project Updates.
- Follow us on Twitter and/or Facebook.
- Log on onto SVCW's website, [www.svcw.org/](http://www.svcw.org/) and follow updates. [www.svcw.org](http://www.svcw.org)

**Silicon Valley Clean Water**

1400 Radio Road  
Redwood City, CA 94065  
Phone: 650-591-7121  
[www.svcw.org](http://www.svcw.org)

SVCW provides wastewater services to residents and businesses in  
**Redwood City, San Carlos, Belmont, and West Bay Sanitary District**

**STAY CONNECTED**

## Coats For Kids

Recology will be collecting gently used and new coats for those in need. Coats can be dropped off at City Hall in the main lobby as well.



## Curbside Collection & Drop Off November 5 - 9, 2018

To help those in need, Recology San Mateo County drivers will be picking up gently used and new coats from residents on their regular collection day from

**Monday, November 5th to Friday, November 9th**  
throughout the **RethinkWaste Service Area\***.

Please place coats in a **clear plastic bag labeled "Coats for Kids"** and set out next to or on lid of your blue Recycling Cart on your regular collection day.

Coats can also be dropped off at various locations in the RethinkWaste service area\* between November 5-16.

**For drop-off locations & more information, visit [Recology.com](http://Recology.com)**



**\*RethinkWaste service area:** Atherton, Belmont, Burlingame, East Palo Alto, Foster City, Hillsborough, Menlo Park, Redwood City, San Carlos, San Mateo, parts of Unincorporated San Mateo County, West Bay Sanitary District

[Back to Top](#)



# FREE Hearing Screenings

NOVEMBER 7, 2018

TWIN PINES SENIOR & COMMUNITY CENTER

20 TWIN PINES LANE, BELMONT

9:00AM-2:00PM

**\*PLEASE CALL 595-7444 TO MAKE AN APPOINTMENT**

- **Hearing loss** is the third most prevalent health issue in older adults, after arthritis and heart disease.
- **Hearing loss** can contribute to cognitive decline; studies show 30-40% increased decline over 5 years than that of their normal hearing peers.
- **Hearing aids and cochlear implants** can restore sound for healthy hearing and increased cognitive function.



[Back to Top](#)

# Community Calendars

For all Parks and Rec activities click here [Parks and Recreation](#)

Twin Pines Senior & Community Center					October 2018	
Monday	Tuesday	Wednesday	Thursday	Friday		
<b>1</b> 9:00 9:00 Bread Program 9:40 Video Aerobics 10:00 Italian Chat 10:00 Spanish Chat 11:00 Intermediate Tai Chi (R) <b>1:00 Book Club</b> 1:00 Beat Arthritis (R) 2:00 French Chat	<b>2</b> 9:30 Japanese Class 9:30 Walking Group 10:00 Music Appreciation 10:30 Chinese Mahjong 11:30 Lunch Program (S) 12:30 Classic Movie 12:30 Crafts Group 1:00 Sewing & Quilting Group	<b>3</b> 8:45 Strength Training 9:40 Video Aerobics 10:00 Spanish Class <small>1pm Mexican</small> 10:15 Yoga For All (R) Train 10:30 Zumba Gold (R) Dominoes 11:30 German Conversation 11:30 Lunch Program (S) 12:30 New Movie 2:00 Just retired. Now what?	<b>4</b> <b>9:30 Free Flu Shots</b> 9:30 Walking Group <b>10:00 Color Me Calm</b> 11:00 Beat Arthritis (R) 11:30 Lunch Program (S) 12:15 Wii Bowling 12:30 Throwback Movie 12:30 Bridge	<b>5</b> 9:30 Video Chair Yoga 10:00 Mindful Meditation 10:15 Yoga For All (R) 11:00 Mandarin Class 12:00 BINGO 1:00 Chinese Mahjong		
<b>8</b>  <i>Center is Closed for Columbus Day</i>	<b>9</b> 9:30 Walking Group 9:30 Japanese Class 10:00 Music Appreciation 10:30 Chinese Mahjong 11:30 Lunch Program (S) 12:30 Foreign Film 12:30 Crafts Group <b>12:30 Pedro card game</b> 1:00 Sewing & Quilting Group	<b>10</b> 8:45 Strength Training 9:40 Video Aerobics 10:00 Spanish Class <small>1pm Mexican</small> 10:15 Yoga For All (R) Train 10:30 Zumba Gold (R) Dominoes 11:30 German Conversation 11:30 Lunch Program (S) 12:30 New Movie 1:00 Mexican Train Dominoes	<b>11</b> 9:30 Walking Group 9:30 Canasta 9:30 Rosen Method Movement (S) <b>11:30 Oct Birthday Lunch (S)</b> 12:15 Wii Bowling 12:30 Throwback Movie 12:30 Bridge	<b>12</b> 9:30 Video Chair Yoga 10:00 Mindful Meditation 10:15 Yoga For All (R) 11:00 Mandarin Class 1:00 Chinese Mahjong <b>1:00 Halloween Spooktacular Dance</b>		
<b>15</b> 9:00 Bread Program 9:40 Video Aerobics 10:00 Italian Chat 10:00 Spanish Chat 11:00 Intermediate Tai Chi (R) 1:00 Beat Arthritis (R) 2:00 French Chat	<b>16</b> <b>8:30 Blood Pressure Clinic</b> 9:30 Japanese Class 9:30 Walking Group <b>10:00 Senior Club Meeting</b> 10:30 Chinese Mahjong 11:30 Lunch Program (S) 12:30 Classic Movie 12:30 Crafts Group 1:00 Sewing & Quilting Group	<b>17</b> 8:45 Strength Training 9:00 Bread Program 9:40 Video Aerobics <small>8:30 Blood Glucose Screening</small> 10:00 Spanish Class 10:15 Yoga For All (R) 10:30 Zumba Gold (R) 11:30 German Conversation 11:30 Lunch Program (S) 12:30 New Movie 1:00 Mexican Train Dominoes	<b>18</b> 9:30 Walking Group 9:30 Canasta 9:30 Rosen Method Movement (S) <b>10:00 Color Me Calm</b> 11:00 Beat Arthritis (R) 11:30 Lunch Program (S) 12:15 Wii Bowling 12:30 Throwback Movie 12:30 Bridge	<b>19</b> 9:30 Video Chair Yoga 10:00 Mindful Meditation 10:15 Yoga For All (R) 11:00 Mandarin Class 12:00 BINGO 1:00 Chinese Mahjong		
<b>22</b> 9:00 Bread Program 9:40 Video Aerobics <b>10:00 Stamp Collectors</b> 11:00 Intermediate Tai Chi (R) 1:00 Beat Arthritis (R) 2:00 French Chat	<b>23</b> 9:30 Walking Group 9:30 Japanese Class 10:00 English Conversation 10:30 Chinese Mahjong 11:30 Lunch Program (S) 12:30 Foreign Film 12:30 Crafts Group <b>12:30 Pedro card game</b> 1:00 Sewing & Quilting Group	<b>24</b> 8:45 Strength Training 9:00 Bread Program 9:40 Video Aerobics 10:00 Spanish Class 10:15 Yoga For All (R) 10:30 Zumba Gold (R) 11:30 German Conversation 11:30 Lunch Program (S) 12:30 New Movie 1:00 Mexican Train Dominoes	<b>25</b> 9:30 Walking Group 9:30 Canasta 9:30 Rosen Method Movement (S) 11:00 Beat Arthritis (R) 11:30 Lunch Program (S) 12:15 Wii Bowling 12:30 Throwback Movie 12:30 Bridge	<b>26</b> 9:30 Video Chair Yoga 10:00 Mindful Meditation 10:15 Yoga For All (R) 11:00 Mandarin Class <b>11:00 Table Tennis</b> 1:00 Chinese Mahjong		
<b>29</b> 9:00 Bread Program 9:40 Video Aerobics 10:00 Italian Chat 10:00 Spanish Chat 11:00 Intermediate Tai Chi (R) 1:00 Beat Arthritis (R) 2:00 French Chat	<b>30</b> 9:30 Japanese Class 9:30 Walking Group 10:00 English Conversation 10:30 Chinese Mahjong 11:30 Lunch Program (S) 12:30 Classic Movie 12:30 Crafts Group 1:00 Sewing & Quilting Group	<b>31</b> 8:45 Strength Training 9:00 Bread Program 9:40 Video Aerobics 10:00 Spanish Class 10:15 Yoga For All (R) 10:30 Zumba Gold (R) 11:30 German Conversation 11:30 Halloween Lunch (S) 12:30 New Movie 1:00 Mexican Train Dominoes	<p><i>*Activities are subject to change. Please call 595-7444 to confirm.</i></p> <p><i>(S) = Activity requires Signing Up</i>  <i>(R) = Activity requires Registration at Parks &amp; Rec office</i>  <i>(blank) = Activity is drop-in</i></p>			

# Belmont Public Library

## November 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Children's Events</b>  <b>Teen Events</b>  <b>Adult Events</b>  <b>All Ages</b></p>				<p>1                      10a Imagination Playground                      10:30a Toddler Storytime                      10:30a ESL Conversation Club                      5p Running Team                      5p Election Night-Out Party</p>	<p>2                      10a 3D Reservations                      10a Coloring and Coffee for Adults                      10:30a Preschool Storytime                      11a Little Hands Art Adventure                      7p First Friday Flick: Hotel Transylvania 3</p>	<p>3                      10a Imagination Playground                      10:30a Family Storytime                      10:30a Flu Crew                      10:30a Financial Literacy Workshop: Building Wealth...                      2p Bombay Fitness Party</p>
<p>4                      1:30p Diwali Celebration</p>	<p>5                      10:30a Signs and Rhyme Storytime                      1p Twin Pines Book Group                      3:30p Lego Club                      4p Vinyl Cutting (Reg)</p>	<p>6                      10:30a Musical Jamboree                      12p HeartMath Series 1 of 3                      3:30p Family Crafts (Diwali Craft)                      6:30p Adult Henna Program TENT                      6p Experience VR                      7p Lawyers in the Library</p>	<p>7                      10:30a Playtime                      10:30a Holiday Greeting Cards                      12:30p Kids 3D Printing (Reg)                      1:30p Science Action Club (Reg)                      3:30p Spectrum Action Group &amp; Book Club                      5p Citizens Academy                      7p Pajama Storytime                      7p First Wednesday Book Group: The Rules Do Not Apply</p>	<p>8                      10a Imagination Playground                      10:30a Toddler Storytime                      10:30a ESL Conversation Club                      2p Mystery Group: Strawberry Yellow                      3:30p Circle Up                      4p Middle School Book Club                      5p Running Team                      6:30p Pub Style Trivia</p>	<p>9                      10a 3D Reservations                      10a Coloring and Coffee for Adults                      10:30a Preschool Storytime                      11a Little Hands Art Adventure                      6:30p Spectrum Movie Night: Love, Simon</p>	<p>10                      10a Imagination Playground                      10:30a Family Storytime</p>
<p>11  <b>Library Closed For Veterans Day</b></p>	<p>12  <b>Library Closed For Veterans Day</b></p>	<p>13                      10:30a Musical Jamboree                      12p HeartMath Series 2 of 3                      3:30p Family Crafts: (Rachel Palacios Repujado)                      6p Experience VR                      6:30p Documentary: Rumble</p>	<p>14                      10:30a Playtime                      10:30a Computer Coach                      12:30p Kids 3D Printing (Reg)                      1:30p Science Action Club (Reg)                      5:30p PUGs                      7p Pajama Storytime</p>	<p>15                      10a Imagination Playground                      10:30a Toddler Storytime                      10:30a ESL Conversation Club                      3:30p Life Hacks for Teens: Pizza is Not a Food Group (Healthy Eating on a Budget)                      5p Running Team</p>	<p>16                      10a 3D Reservations                      10a Coloring and Coffee for Adults                      10:30a Preschool Storytime                      11a Little Hands Art Adventure</p>	<p>17                      10a Imagination Playground                      10:30a Family Storytime                      11a Author Visit: Suzanne Adam</p>
<p>18                      2p Turkey BINGO</p>	<p>19                      10:30a Signs and Rhyme Storytime                      12p Maturing Gracefully Talk                      3:30p TAG Meeting                      3:30p Lego Club                      4p Vinyl Cutting (Reg)</p>	<p>20                      10:30a Musical Jamboree                      12p HeartMath Series 3 of 3                      3:30p Family Crafts                      6p Experience VR                      6p Music Recording                      6:30p Paws for Tales                      7p Poetry Night</p>	<p>21                      10:30a Playtime                      10:30a Computer Coach                      12:30p Kids 3D Printing (Reg)                      1:30p Science Action Club (Reg)  <b>The Library will closed at 5 pm</b></p>	<p>22  <b>Library Closed For Thanksgiving</b></p>	<p>23  <b>Library Closed For Thanksgiving</b></p>	<p>24                      10a Imagination Playground                      10:30a Family Storytime</p>
<p>25</p>	<p>26                      10:30a Signs and Rhyme Storytime                      3:30p Lego Club                      4p Vinyl Cutting (Reg)</p>	<p>27                      10:30a Musical Jamboree                      3:30p Family Crafts                      6p Experience VR                      7p Adult DIY</p>	<p>28                      10:30a Playtime                      10:30a Computer Coach                      12:30p Kids 3D Printing (Reg)                      1:30p Science Action Club (Reg)                      3:30p Neutral Zone Discussion: Voting                      6:30p Paint Your Pet                      7p Pajama Storytime</p>	<p>29                      10a Imagination Playground                      10:30a Toddler Storytime                      10:30a ESL Conversation Club                      5p Running Team</p>	<p>30                      10a 3D Reservations                      10a Coloring and Coffee for Adults                      10:30a Preschool Storytime                      11a Little Hands Art Adventure</p>	<p><b>Dec. 1st</b>                      2p Curious Blend                      Acapella Holiday Music</p>



San Mateo County Libraries

**BELMONT**

1110 Alameda de las Pulgas, Belmont CA 94002  
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