

# Belmont

## Parks & Recreation

Enhancing the quality of life for the Community

Fall 2009  
Activity  
Guide

Here are some of our top customers!  
Look inside to see what they see in us.....

Hold this through December!

Photo by Nichole Campini

[www.belmont.gov](http://www.belmont.gov)





# What's Happening this Fall!

## Remember to hold on to your Guide through December!

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### Americans with Disabilities Act

The City of Belmont and the Parks and Recreation Department are committed to implementing the intent and spirit of the Americans with Disabilities Act (ADA). Adults and children with disabilities are welcome and encouraged to fully participate in our classes, programs and activities. If you have a special need that requires a specific accommodation in order to enjoy our classes or facilities, please contact us at 595 7441. TTY - 637-2999.



## **NEW ACTIVITIES!**

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For more information, call Belmont Parks & Recreation at 595-7441, or see us at 30 Twin Pines Lane.

# Parent/Child & Preschool ...



**NEW**

## Music Together - 'All In' Music (10 classes)

**AGE:** 0-4 years with parent, grandparent, caregivers all welcome.

Let's do music together as a family! Songs, rhymes, movement and playing instruments are some of the fun musical activities happening in this developmentally appropriate class. Free jams with drums, rattles, bells and more encourage participation. It's fun and easy for adults, regardless of your musical ability. Come play! **(No class 11/27)**

**FEE:** \$145 Res., \$165 Non-res. (sibling under 8 mo - free)

**LAB FEE:** \$35 payable to instructor at first class for music CD and booklet

**LOCATION:** Barrett Community Center, Room C

**INSTRUCTOR:** Teacher Andrew Gomez

0404.301 F 9:45-10:30am 9/25-12/4

0404.303 F 10:45-11:30am 9/25-12/4

**Sibling over 8 mo. \$116 Resident; \$136 Non-resident**

0404.302 F 9:45-10:30am 9/25-12/4

0404.304 F 10:45-11:30am 9/25-12/4



## Mommy/Daddy & Me Soccer (9 classes)

**AGE:** 2-3.5 years with parent

The fun happens on the field, and you won't have to watch from the sidelines! Introduce yourself and your toddler to the "World's Most Popular Game." Your child will develop large motor skills as well as socialization skills, while playing a variety of fun age appropriate activities designed around the game of soccer.

**Class status hotline – 1-800-871-2275.**

**FEE:** \$99 Resident, \$119 Non-Resident

**LOCATION:** See Below

**INSTRUCTOR:** Kidz Love Soccer Staff

**Cipriani School - 2525 Buena Vista**

0134.307 Sat 12-12:30pm 9/26-11/21

## Parent & Me Ice Skating (7 or 6 classes)

**AGE:** 3-5 years with parent

**Please arrive 15 minutes early for class. Warm, loose clothing and gloves or mittens are necessary.** Learn to skate with your little one; enjoy quality time while getting some exercise together and play with our ice toys! **(No class 11/24, 11/28).**

**FEE:** See below - includes a 1/2 hour lesson with a skate pro, skate rental and free public session the day of the class.

**LOCATION:** Belmont Iceland, 815 Old County Rd.

**INSTRUCTOR:** Belmont Iceland Staff

7 classes - \$80 Resident, \$96 Non-resident

0122.301 Tu 5:45-6:15pm 9/8-10/20

0122.302 Sat 12:25-12:55pm 9/12-10/24

6 classes - \$70 Resident, \$84 Non-resident

0122.303 Tu 5:45-6:15pm 10/27-12/8

0122.304 Sat 12:25-12:55pm 10/31-12/12

## Baby Ballet-Child only (7 classes)

**AGE:** 2-3 years

Baby Ballet encourages self-expression and fun! In this class, children learn to respond to music, improve balance, agility, and express their feelings through the art of dance. Fun props such as scarves, teddy bears and hula hoops will keep your little one entertained. Wear comfortable clothes and barefeet or ballet shoes. **Parents may stay for the first 10 minutes of class, and are invited to watch the last class. (No class 11/28).**



**FEE:** \$79 Resident, \$95 Non-resident

**LOCATION:** Barrett Community Center, Rm A

**INSTRUCTOR:** CLAP Arts Instructors

0402.301 Sat 9:00-9:30am 9/12-10/24

0402.302 Sat 9:00-9:30am 10/31-12/19

## Pre-Ballet (7 classes)

**AGE:** 3-5 years

Develop that early love for ballet through age-appropriate music, props and fun! Basic ballet positions and steps will be covered through fun routines. **Parents may stay for the first 10 minutes of class, and are invited to watch the last class.** Children should wear ballet attire including ballet shoes. **(No class 11/28).**

**FEE:** \$89 Resident, \$107 Non-resident

**LOCATION:** Barrett Community Center, Room A

**INSTRUCTOR:** CLAP Arts Instructors

3-4yrs: 0505.301 Sat 9:30-10:15am 9/12-10/24

4-5yrs: 0505.302 Sat 10:15-11:00am 9/12-10/24

3-4yrs: 0505.303 Sat 9:30-10:15am 10/31-12/19

4-5yrs: 0505.304 Sat 10:15-11:00am 10/31-12/19

**More dance on pages 12, 15-17.**

## Gymnastics - Coed (7 classes)



**AGE:** 2-3 with parent OR 3-5 years (alone)

Encourage your pre-schooler in developing their gross motor skills, confidence, strength, coordination, and personal awareness through basic gymnastic skills and exercise. Students will do tumbling, use bars, beam and vault. **(No class 11/26, 11/27).**

**LOCATION:** San Mateo Gymnastic Club/Tumbletown, 1333 Old County Rd., Belmont

**INSTRUCTOR:** San Mateo Gym staff

**FEE:** \$84 Resident, \$100 Non-resident

**AGES: 2-3 years (WITH one parent/adult per child);**

For safety -no non-enrolled siblings allowed on gym floor.)

0114.301	Th	10-10:45am	9/10-10/22
0114.302	Th	10-10:45am	10/29-12/17
0114.303	F	9-9:45am	9/11-10/23
0114.304	F	9-9:45am	10/30-12/18

**AGES: 3-5 years**

0114.305	W	11:30-12:15am	9/9-10/21
0114.306	W	11:30-12:15am	10/28-12/9
0114.307	Th	11-11:45am	9/10-10/22
0114.308	Th	11-11:45am	10/29-12/17

### San Carlos / Belmont Mothers Club

The SCBMC is a non-profit, volunteer-run organization dedicated to helping mothers of infants through preschool. Meetings are the 3rd Thursday each month, 7:30p.m - Twin Pines Senior & Community Center in Belmont. Call - 354-8020 or get more details at [www.scbmc.org](http://www.scbmc.org)

## Munchkin Sports

**AGES:** 3-5 years

**FEE:** \$59 Resident, \$69 Non-Resident

**LOCATION:** Twin Pines Sr. & Comm. Center

**INSTRUCTOR:** Gwen Kong

### Munchkin Soccer (5 classes)

GOAL! Come join the fun in this intro soccer class for your little one! It is never too early to start learning soccer skills while meeting new friends.

0150.301	W	5:15-6pm	9/16-10/14
0150.302	Sat	10:30-11:15am	10/17-11/14

### Multi-Sports Extravaganza (5 classes)

Do you ever wonder which sport your child is into? Here's the chance to try five different sports: basketball, soccer, t-ball, football, and golf. We will introduce the fundamental skills to each sport every week. For boys and girls.

0152.301	Sat	9:30-10:15am	10/17-11/14
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# ..ENRICHMENT

## Look What I Made! (5 classes)

**AGE:** 3.5 - 5 years

Look what I made! That's what your child will say after every class. We'll make edible creations, sing songs, tell stories and do art projects all around our weekly theme such as Dinosaurs, Under the Sea, Space and much more. It's like summer camp in an hour a week!

**FEE:** \$59 Resident, \$69 Non-Resident

**LOCATION:** Twin Pines Cottage

**INSTRUCTOR:** Ryan Pilakowski, Dir. Young Explorers

0804.301	M	10-11am	9/14-10/12
0804.302	F	3-4pm	9/18-10/16
0804.303	M	10-11am	11/2-11/30



## Messy Art (5 classes)

**AGE:** 2.5 - 5 years

The mess stays here when your child freely explores a variety of unique materials like painting with plungers, tire tracks, flyswatters, bubble prints and much more! They'll invent and experience textures with other basic concepts while having fun together, learning socializing skills as well.

**FEE:** \$56 Resident, \$67 non-Resident

**LAB FEE:** \$13 payable to instructor at first class for supplies.

**LOCATION:** Barrett Community Center, Room C

**INSTRUCTOR:** Anne Vidovich, M.A., Director - 11 years working with youth.

0801.301	Tu	9:15-10am	9/1-9/29
0801.302	Tu	9:15-10am	10/6-11/3
0801.303	Tu	9:15-10am	11/10-12/8

## Preschool Spanish Enrichment (6 classes)

**AGE:** 3-5 years

Learning a second language has to be fun! In this immersion program children will enjoy and learn a second language through music, art, active play, dramatic play, puppets and more. Basic skills and concepts, actions and expressions, greetings, everyday active words and sentences, letters and numbers will be introduced. No prior language experience is needed. **(No class 11/26).**

**FEE:** \$56 Resident, \$67 Non-resident(includes supplies)

**LOCATION:** Barrett Comm. Ctr., Room C

**INSTRUCTOR:** Universo de Colores - [www.universodecolores.com](http://www.universodecolores.com); [www.playgroupsunlimited.com](http://www.playgroupsunlimited.com)

0710.301	Th	3:15 - 4pm	9/10-10/15
0710.302	Th	3:15 - 4pm	10/22-12/3



# Preschool/YOUTH...



## Community Concert

### "Breakfast with Enzo"

'Cheaper than a clown, cleaner than a pony!'

**Drop-in; \$5 per person, at the door.**

\*Siblings under 7 months are free.

**Thursday, September 17th**

**2 concerts - 10 am OR 11am**

**Barrett Community Center, Multi-use  
1835 Belburn, Belmont**

Sing along fun for families with children 8 and under. Enzo Garcia plays guitar, banjo, accordion, musical saw, jew's harp, enzotar, slide flute, percussion and more. Enzo has been performing his family music show, "Breakfast with Enzo", weekly in San Francisco for the past five years, encouraging a wide community of family music makers. **For more information, go to: [www.enzogarcia.com](http://www.enzogarcia.com); or call (415) 652 2474.**

**NEW**

## Soccer Skills & Techniques (8 classes)

**AGE:** 5-6 years

Get introduced to the game of soccer, taught in a fun and enthusiastic setting, through games and other age-appropriate methods. Each class will focus on developing technical skills, coordination and psycho-motor skills, which are essential for good ball control, and FUN! All classes will end with a non-competitive, small sided scrimmage.

**Closed toe footwear and shin pads are required.**

**LOCATION:** Barrett Community Center Field

**FEE:** \$117 Resident, \$132 Non-Resident

**INSTRUCTOR:** U.S. Soccer League Coaches

1136.301	Sun	9-10:30am	8/16-10/4
1136.302	Sun	9-10:30am	10/11-11/29

## Intro to Ice Skating for Tots / Youth (7 or 6 classes)

Come play with our ice toys and learn the basics of skating, including forward and backward skating and gliding at a speed appropriate to the student's age. **(No class 11/24, 11/26, 11/28).**

**FEE:** See Below - includes a 1/2 hour lesson with a skate pro, skate rental and free public session the day of the class.

**LOCATION:** Belmont Iceland, 815 Old County Rd.

**INSTRUCTOR:** Iceland Staff

7 classes - \$80 Resident, \$96 Non-resident

### AGES 3-16

1119.301	Tu	5:15-5:45pm	9/8-10/20
1119.302	Th	6:20-6:50pm	9/10-10/22

### AGES 3-6 years only

1119.303	Sat	1-1:30pm	9/12-10/24
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### AGES 7-16 only

1119.304	Sat	1:30-2pm	9/12-10/24
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6 classes - \$70 Resident, \$84 Non-resident

### AGES 3-16

1119.305	Tu	5:15-5:45pm	10/27-12/8
1119.306	Th	6:20-6:50pm	10/29-12/10

### AGES 3-6 years only

1119.307	Sat	1-1:30pm	10/31-12/12
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### AGES 7-16 only

1119.308	Sat	1:30-2pm	10/31-12/12
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## Kidz Love Soccer (9 classes)

For 30 years we have been dedicated to teaching kids this popular game in a nurturing environment. We are committed to instilling skillful confidence in your young player. **Shin Guards Required.**

**Rainout hotline - 1-800-871-2275.**

**FEE:** \$99 Resident, \$119 Non-resident

**LOCATION:** Cipriani Elementary School

**INSTRUCTOR:** Kidz Love Soccer Staff

### **9/26-11/21**

0134.301 - Tot Soccer, 3.5-4 yrs	Sat	9-9:30am
0134.302 - Pre-Soccer, 4-5 yrs	Sat	9:30-10:05am
0134.303 - Soccer I, 5-6 yrs	Sat	10:05-10:50am
0134.304 - Soccer II, 7-8 yrs	Sat	10:50-11:35am

## Tap/Ballet (7 classes)

**AGE:** 4-6 years

Teddy bears, hula hoops, scarves and fun music introduces your child to the basics of both ballet and tap, combining creative movement, grace and balance.

Children should wear ballet attire; bring both tap and ballet shoes. **Parents may stay for the first 10 minutes of the first class, and are invited to watch the last class. (No class 11/28).**

**FEE:** \$89 Resident, \$107 Non-resident

**LOCATION:** Barrett Community Center, Room A

**INSTRUCTOR:** CLAP Arts instructors

0506.301	Sat	11-11:45am	9/12-10/24
0506.302	Sat	11-11:45am	10/31-12/19

**NEW**

## Princess Party?

### SUPER HERO BIRTHDAY!

Is your 4-10 year old longing to have a fun theme party? We now have party and birthday packages we're offering at a choice of facility (dependent upon space available and size of party) with staff, decorations, games, and even cake if you like. **For more information - contact Mary Doherty at 595-7439, or [mldoherty@belmont.gov](mailto:mldoherty@belmont.gov).**

# DANCE / ENRICHMENT



YOUTH

## Rock Climbing Camp (5 classes)

**AGE:** 5-8, OR 9-13 years, split out by age group

Like fish to water, parents know what natural climbers kids are, so we're offering a camp to introduce them to this great sport. Participants climb with children of their own age. Planet Granite T-shirt is included. Parent must attend the first class to sign release paperwork. Ratio: 5 youth to 1 instructor.

**FEE:** \$156 Resident, \$176 Non-resident

**LOCATION:** Planet Granite Gym, 100 El Camino Real, Bel.

**INSTRUCTOR:** Planet Granite Staff

### AGES 5-8

1101.301 Th 4-6pm 10/22-11/19

### AGES 9-13

1101.302 F 4-6pm 10/23-11/20



## Make a Movie (5 classes)

**AGE:** 6-12 years

Have you ever wanted to star in a Hollywood movie? Well kids, now is your chance to make your own movie! You choose the script, cast the characters, plan the costumes, make-up and props. Then we'll rehearse action sequences and dialogue. Next comes "Quiet on the set...Action!" When the movie is shot and 'in the can' the director will say, "Cut, that's a wrap!"

**FEE:** \$100 Resident, \$120 Non-Resident

**LAB FEE:** \$25 for materials, includes performance DVD, payable to instructor at 1st class.

**LOCATION:** Twin Pines Cottage

**INSTRUCTOR:** Shelley Frost

1320.301 Tu & Th 3:30-5pm 10/6-10/20



From the movie 'Roxanne's Pet Rock'.

**NEW**

## Beginning Hula Dance (8 classes)

**AGES:** 6-12 years

A fun way to enjoy dance and learn the stories behind the dances. We'll start with basic movements and postures in both traditional and modern hula style, and learn some basic Hawaiian words. Aloha!

**FEE:** \$60 Resident, \$70 Non-resident

**LOCATION:** Barrett Community Center, Room C

**INSTRUCTOR:** William Kiesel, award winning instructor, 15 years dance experience, 5 years instruction; and staff.

1540.301 Th 6-7pm 9/17-11/5



## Kids Carpentry (6 classes)

**AGE:** 5-12 years

Since 1982, kids have loved working with wood and learning how to safely use tools in Kids Carpentry. They develop problem-solving and craftsmanship skills while building their own projects using math, fractions and a wide range of hand tools. Watch the short video on [www.kidscarpentry.net](http://www.kidscarpentry.net). (No class 11/11).

**FEE:** \$100 Resident, \$120 Non-Resident

**LAB FEE:** \$35 payable to instructor at 1st class covers all wood, materials and tools.

**LOCATION:** Barret Community Center, Room C

**INSTRUCTOR:** Jason Hemp, Kids Carpentry staff

1720.301 W 1:30-2:45pm 10/28-12/9

1720.302 W 3 - 4:15pm 10/28-12/9

1720.303 W 4:30-5:45pm 10/28-12/9

# ENRICHMENT

YOUTH

## Babysitting Workshop (3 classes)

**AGE:** 12-18 years

Would you like a rewarding job? If so, take this class, and become a babysitter! Learn fire and earthquake safety skills, nutrition, childcare, CPR & 1st aid skills. Upon completion of all classes, student may be added to a babysitting list in Park & Rec for 1 year. Student must come to all classes (on time) and complete the fun homework.

**FEE:** \$49 Resident, \$54 Non-Resident

**LAB FEE:** \$8 payable to instructor at 1st class, for all food and art supplies.

**LOCATION:** Highlands Recreation Center, 1851 Lexington Ave, San Mateo- Social Room. (650)341-4251.

**INSTRUCTOR:** Muffie Calbreath

1938.301      Sat      9am - 12noon      11/7-11/21

## Skateboarding (5 classes)

**NEW**

**AGE:** 5-10, 10+

Grab the passion! Start here or refine your skills, focusing on safety, fundamentals and technique, as well as on balance, coordination and skateboarding etiquette. Helmets are required, pads are optional but recommended. Students bring their own skateboards. **Parent must attend first class with minor to sign a waiver form.**

**FEE:** \$100 Resident, \$120 Non-resident

**LOCATION:** Red Morton Skate Park, 1120 Roosevelt Ave, Redwood City

**INSTRUCTOR:** Society Skateboarding staff

### **DATES - 9/12-10/10**

1176.301-age 5-10	Sat	9-10am
1176.302-age 10+	Sat	10:05-11:05am
1176.303-age 5-10	Sat	11:10am-12:10pm

### **DATES - 10/17-11/14**

1176.304-age 5-10	Sat	9-10am
1176.305-age 10+	Sat	10:05-11:05am
1176.306-age 5-10	Sat	11:10am-12:10pm

## Overnight Parties!

Are you looking for a place to hold a child's overnight party? Well, look no further! The Belmont Recreation Dept. has a place for you. The Barrett Community Center is a unique and inexpensive place to have a memorable celebration for the special event in your child's life. You may choose Room B, C, D or multiple rooms, with lawn area and playground adjacent. Our Cottage and Lodge facility are available as well. We supply the tables and chairs, you provide the fun! Contact Francis Mason at 637-2927.



**NEW**

## Kids Culinary Adventures

**LOCATION:** Kids Culinary Adv, 951-5 Old County Rd, Bel. Call 440-0241 for more information.

**INSTRUCTOR:** Kids Culinary Adventures Staff

## Cooking Around World (4 Classes)

Take a culinary journey all around the world. Each week we'll explore the culture and food of various countries around the world; from Italy, to China, India to Jamaica this culinary exploration will be sure to feed both your brain and your tummy.

**AGE:** 7+

**FEE:** \$200 per Student or \$55 per class

1713.301      Tu      5-7pm      10/6-10/27

## Eat With Your Nose! (1 class)

Is that a big batch of cookies coming out of the oven? Our noses let us smell, and they're a big part of why we're able to taste things! Come... be noseey!! These smell good scentsations include snickerdoodles, gooey triple chocolate chip cookies, chocolate moon cookies, and ginger snaps!

**AGE:** 7-14 Register by: 9/15/2009

**FEE:** \$46 Resident, \$55 Non-resident

1717.301      Tu      5-7pm      September 22

## Culinary Boot Camp-Family Class (3 Classes)

A perfect start to a happy healthy kitchen. All family members are encouraged to enroll in this basics course; price includes one adult and child team. Part 1: Intro to Knife Skills and Kitchen 101 Part 2: Cooking Methods Part 3: Quintessential techniques and recipes.

**AGE:** 12 +

**FEE:** \$200 Resident, \$220 Non-resident; fee is for one parent and one child team, each additional member pays 1/2 price.

1715.301      Sun      5 - 7pm      9/13-9/27  
1715.302      (add'l family member rate) - 1/2 price each



# HeartBeat Dance Academy



HeartBeat Dance Academy offers a complete program for dancers age 3 to adult, featuring ballet, hip-hop, jazz, tap, modern and lyrical for beginning through competition level.

Dancers enrolled in 3 or more classes simultaneously may take unlimited classes (offered through HeartBeat Dance Academy only) at no additional charge. Competition classes are not included in the 3-class count and are coordinated through Teri Nash. If any classes are dropped, fees will be due for additional classes to meet the 3 class minimum.

Classes are primarily taught by Teri Nash, Certified Dance Masters Instructor; held in Barrett Community Center, Room A, except where noted by \*. Other classes are taught by Heartbeat Dance staff and held in Room B.

Monday	Tuesday		Wednesday		Thursday	Friday		
<b>Dance Disc.</b> (ages 3-4) 9-9:45am								
<b>Ballet/Tap II</b> (ages 5-6) 9:45- 10:45am								
			<b>Ballet/Tap I</b> (ages 4-5) 2:15-3:15pm		<b>Dance Discovery</b> (ages 3-4) 2:45-3:30pm			
	<b>Lyrical I</b> (ages 8-12) 3:45-4:45pm	<b>Jr. Jazz*</b> (ages 5-6) 3:30-4:30	<b>Adv. Pre-Ballet</b> (ages 6-7) 3:15-4:15pm	<b>Hip Hop I*</b> (ages 7-10) 3:30-4:15pm		<b>Ballet/Tap II</b> (ages 5-7) 3-4pm	<b>Boys *</b> Hip-Hop 3:30pm	
<b>Tap I</b> (ages 7-12) 3:45-4:45pm	<b>Ballet II</b> (ages 8-13) 4:45-5:45pm	<b>Ballet I*</b> (ages 7-10) 4:30-5:30	<b>Jazz I</b> (ages 10+) 4:15-5:15pm	<b>Hip Hop II*</b> (ages 9-15) 4:15-5:15pm	<b>Lyrical II</b> (ages 9-12) <b>3:45-4:45pm</b>	<b>Pre-Ballet*</b> (ages 4-5) <b>4-5pm</b>	<b>Jazz II Int.</b> (ages 8-10) 4:15-5:15pm	<b>Jr. Mod.</b> (ages 8-12) 4:30 *
<b>Tap II</b> (ages 8-12) 4:45-5:45pm	<b>Ballet III/IV</b> (ages 10+) 5:45-6:45pm		<b>Jazz II Adv.</b> (ages 11+) 5:15-6:15pm	<b>Adult Hip-Hop*</b> 5:15-6:15	<b>Jr. Comp.</b> 4:45-5:15pm	<b>Jazz I*</b> (ages 7-10) 5-6pm	<b>Novice Comp.</b> 5:15-6pm	<b>Teen *</b> Hip-Hop 5:30pm
<b>Jazz III Int.</b> (ages 9-12) 5:45-6:45pm	<b>Beg. Pointe</b> (invitation) pre-req. ballet 2 x week 6:45-7:15pm		<b>Teen/Adult Ballet</b> 6:15-7:15pm	<b>Modern*</b> (ages 12+) 6:15-7:15pm	<b>Ballet III/IV</b> (ages 10+) 5:30-6:30pm	<b>Teen/Adult Beg. Tap</b> 6-7pm		
<b>Tap III</b> (ages 10-17) 6:45-7:45pm	<b>Teen Lyrical</b> (ages 12+) 7:15-8:15pm		<b>Jazz III Adv.</b> (ages 12+) 7:15-8:15pm		<b>Pre-Pointe</b> (ages 10+) 6:30-7pm			
<b>Tap Comp.</b> 7:45-8:15pm	<b>Teen Lyrical Comp.</b> 8:15-8:45pm							
<b>Tap IV</b> (ages 12+) 8:15-9:15pm	<b>(No class 11/26, 11/27)</b>							

## PRE-SCHOOL DANCE

The fun and energy never stops for young dancers to learn pre-ballet (and/or pre-tap and jazz steps in combo classes) dance in an encouraging environment. We use props such as scarves, ribbon sticks and crowns to express our creativity. We do warm-up exercises either at the ballet barre or center, practice new steps across the room and learn new dances. Dancewear is required for all classes. **Ballet shoes (pink-girls, black-boys) are required for ballet classes. Tap shoes are also required for ballet/tap combo classes. Jazz and tap shoes are required for jazz/tap combo classes.**

**DANCE DISCOVERY - AGES 3-4 years - No Pre-req.**  
**7 classes - \$60 Resident, \$72 Non-resident**  
 0520.301 M 9-9:45am 9/14-10/26  
 0520.303 M 9-9:45am 11/2-12/14  
**8 classes - \$70 Resident, \$84 Non-resident**  
 0520.302 Th 2:45-3:30pm 9/10-10/29  
**6 classes - \$55 Resident, \$66 Non-resident**  
 0520.304 Th 2:45-3:30pm 11/5-12/17

**JR. JAZZ - AGES 5, 6 - No pre-requisite.**  
**8 classes - \$90 Resident, \$108 Non-resident**  
 1530.301 Tu 3:30-4:30pm 9/8-10/27  
**7 classes - \$80 Resident, \$96 Non-resident**  
 1530.302 Tu 3:30-4:30pm 11/3-12/15



For more information, call Belmont Parks & Recreation at 595-7441, or see us at 30 Twin Pines Lane.

**BALLET/TAP DANCE - AGES 4-5 or 5-6.**

**LEVEL I - AGES 4-5, No Pre-requisite.**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
0521.301	W	2:15-3:15pm	9/9-10/28
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
0521.302	W	2:15-3:15pm	11/4-12/16

**LEVEL II - AGES 5-6 -Pre-requisite-Level I recommended.**

	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1521.301	M	9:45-10:45am	9/14-10/26
1521.302	M	9:45-10:45am	11/2-12/14
	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1521.303	F	3-4pm	9/11-10/30
	<b>6 classes - \$70 Resident, \$84 Non-resident</b>		
1521.304	F	3-4pm	11/6-12/18

**PRE-BALLET - AGES 4,5 - No Prerequisite .**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
0525.301	Th	4-5pm	9/10-10/29
	<b>6 classes - \$70 Resident, \$84 Non-resident</b>		
0525.302	Th	4-5pm	11/5-12/17

**ADV. PRE-BALLET - AGES 6, 7 - Prerequisite - 1 year ballet/tap II or teacher recommendation.** Emphasis is on continuing ballet steps and improving techniques in a fun and supportive environment.

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1520.301	W	3:15-4:15pm	9/9-10/28
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1520.302	W	3:15-4:15pm	11/4-12/16



**BALLET - AGES 7- Adult** -Enjoy the beautiful art form of ballet dance. Ballet helps to instill a grace and proper placement in all forms of dance. Dancers will learn classical ballet steps and movements, emphasizing proper form, placement, alignment and terminology. **Dress code for girls: black leotard, pink tights and shoes (may wear ballet skirt or dance shorts); boys: black tights/leggings, white t shirt, black shoes are required**

**Ballet I - AGES 7-10 - No experience needed.**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1523.301	Tu	4:45-5:45pm	9/8-10/27
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1523.302	Tu	4:45-5:45pm	11/3-12/15

**Ballet II - AGES 8-13, 1-2 years experience**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1523.303	Tu	4:45-5:45pm	9/8-10/27
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1523.304	Tu	4:45-5:45pm	11/3-12/15

**DANCE..**



**Ballet III/IV - AGES 10+ - 2-4 years experience.**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1523.305	Tu	5:45-6:45pm	9/8-10/27
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1523.306	Tu	5:45-6:45pm	11/3-12/15
	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1523.307	Th	5:30-6:30pm	9/10-10/29
	<b>6 classes - \$70 Resident, \$84 Non-resident</b>		
1523.308	Th	5:30-6:30pm	11/5-12/17

**Teen/Adult Ballet -AGES 11+ -**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
2521.301	W	6:15-7:15pm	9/9-10/28
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
2521.302	W	6:15-7:15pm	11/4-12/16

**BEG. POINTE \* By invitation only, must take ballet 2 x per week.**

	<b>8 classes - \$45 Resident, \$54 Non-resident</b>		
2522.301	Tu	6:45-7:15pm	9/8-10/27
	<b>7 classes - \$40 Resident, \$48 Non-resident</b>		
2522.302	Tu	6:45-7:15pm	11/3-12/15

**PRE- POINTE -Age 10+\* Only counts as free class if taken together with Beg. Pointe.**

	<b>8 classes - \$45 Resident, \$54 Non-resident</b>		
2523.301	Th	6:30-7pm	9/10-10/29
	<b>6 classes - \$35 Resident, \$42 Non-resident</b>		
2523.302	Th	6:30-7pm	11/5-12/17

**JAZZ - AGES 7+ -Find out why so many dancers love jazz dance! Dancers will learn jazz steps and movements, get in shape and have fun while dancing to the latest music. **Dancewear and jazz shoes required.****

**Jazz I - AGES 7-10**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1522.301	Th	5-6pm	9/10-10/29
	<b>6 classes - \$70 Resident, \$84 Non-resident</b>		
1522.302	Th	5-6pm	11/5-12/17

**Jazz I - AGES 10+**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1522.303	W	4:15-5:15pm	9/9-10/28
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1522.304	W	4:15-5:15pm	11/4-12/16

**Jazz II Int. - AGES 9-12; 1-2 years experience**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1522.305	F	4:15-5:15pm	9/11-10/30
	<b>6 classes - \$70 Resident, \$84 Non-resident</b>		
1522.306	F	4:15-5:15pm	11/6-12/18

**Jazz II Adv.- AGES 11-15, 1-2 years experience.**

	<b>8 classes - \$90 Resident, \$108 Non-resident</b>		
1522.307	W	5:15-6:15pm	9/9-10/28
	<b>7 classes - \$80 Resident, \$96 Non-resident</b>		
1522.308	W	5:15-6:15pm	11/4-12/16

# .....dance



## Jazz III Int. - AGES 9-12, 2-4 years experience

		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1522.309	M	5:45-6:45pm	9/14-10/26
1522.310	M	5:45-6:45pm	11/2-12/14

## Jazz III Adv. - AGES 12+, 3 years experience

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1522.311	W	7:15-8:15pm	9/9-10/28
		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1522.312	W	7:15-8:15pm	11/4-12/16

**TAP - AGES 7+** Come join our fun and exciting tap class, learning the basics and improving your steps and techniques.

### Tap I - AGES 7-12

		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1524.301	M	3:45-4:45pm	9/14-10/26
1524.302	M	3:45-4:45pm	11/2-12/14

### Tap II - AGES 8-12, One year experience.

		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1524.303	M	4:45-5:45pm	9/14-10/26
1524.304	M	4:45-5:45pm	11/2-12/14

### Tap III - AGES 10-17, 2+ years experience.

		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1524.305	M	6:45-7:45pm	9/14-10/26
1524.306	M	6:45-7:45pm	11/2-12/14

### Tap IV - AGES 12+, 3+ years experience.

		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1524.307	M	8:15-9:15pm	9/14-10/26
1524.308	M	8:15-9:15pm	11/2-12/14

### Teen/Adult Adv. Beg. Tap - Ages 13+

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
2516.301	F	6-7pm	9/11-10/30
		<u>6 classes - \$70 Resident, \$84 Non-resident</u>	
2516.302	F	6-7pm	11/6-12/18

**HIP HOP - AGES 5-15** - Come join this fun and energetic hip-hop class! Learn the latest moves of hip-hop while moving to the newest hip-hop music. Comfortable clothing and tennis shoes should be worn-**no jeans allowed**. Held in Room B.

### Boys Hip-Hop I - AGES 5-10 **NEW**

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1525.301	F	3:30-4:30pm	9/11-10/30
		<u>6 classes - \$70 Resident, \$84 Non-resident</u>	
1525.302	F	3:30-4:30pm	11/6-12/18

### Hip-Hop I - AGES 7-10

		<u>8 classes - \$70 Resident, \$84 Non-resident</u>	
1525.303	W	3:30-4:15pm	9/9-10/28
		<u>7 classes - \$60 Resident, \$72 Non-resident</u>	
1525.304	W	3:30-4:15pm	11/4-12/16

### Hip Hop II - AGES 12-17

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1525.305	W	4:15-5:15pm	9/9-10/28
		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1525.306	W	4:15-5:15pm	11/4-12/16

### Teen - Beginning Hip-Hop - AGES 12+

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1525.307	F	5:30-6:30pm	9/11-10/30
		<u>6 classes - \$70 Resident, \$84 Non-resident</u>	
1525.308	F	5:30-6:30pm	11/6-12/18

## LYRICAL/CONTEMPORARY - AGES 8 years +.

Lyrical dance is a beautiful dance form that takes the best of ballet, jazz and modern dance. It is based on ballet movements set to more contemporary music. Dancers learn proper form and alignment through our warm-up exercises. **Ballet shoes or dance paws required.**

### Lyrical I - AGES 8-12; No prerequisite

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1531.301	Tu	3:45-4:45pm	9/8-10/27
		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1531.302	Tu	3:45-4:45pm	11/3-12/15

### Lyrical II - AGES 9-12; 2 years lyrical and/or ballet req'd.

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1531.303	Th	3:45-4:45pm	9/10-10/29
		<u>6 classes - \$70 Resident, \$84 Non-resident</u>	
1531.304	Th	3:45-4:45pm	11/5-12/17

### Teen Lyrical- AGES 12+; 3 years of lyrical and/or ballet req'd.

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1531.305	Tu	7:15-8:15pm	9/8-10/26
		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1531.306	Tu	7:15-8:15pm	11/3-12/15



**NEW**

**MODERN - AGES 8+;** Barefoot dance with emphasis on floor work, release technique, and partnering. Emotion and story line are core elements in this class. Attire is loose fitting clothing any style or color.

### Modern, AGES 8-12;

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1510.301	F	4:30-5:30pm	9/11-10/30
		<u>6 classes - \$70 Resident, \$84 Non-resident</u>	
1510.302	F	4:30-5:30pm	11/6-12/18

### Modern, AGES 12+

		<u>8 classes - \$90 Resident, \$108 Non-resident</u>	
1510.303	W	6:15-7:15pm	9/9-10/28
		<u>7 classes - \$80 Resident, \$96 Non-resident</u>	
1510.304	W	6:15-7:15pm	11/4-12/16



**DANCE**



# TENNIS



## Tennis Lessons

**AGE:** 9-14, OR 15+

Each student provides their own racket. Youth (9-14) and Adult classes of 3 students will be converted into six hours of lessons. Youth (9-14) and Adult classes of 2 students will be converted into four hours of lessons.

**FEE:** \$84 Resident, \$100 Non-resident

**LOCATION:** Carlmont High School #6 or #7

**INSTRUCTOR:** Stanford's Whitlinger & Sarsfield Staff

### FALL - 8 lessons

9/19-11/7

#### Adult Lessons (AGE: 15+)

**Novice:**

2156.301 Sat 9-10am 9/19-11/7

**Low Intermediate:**

2157.301 Sat 10-11am 9/19-11/7

#### Youth Lessons (AGE: 9-14yrs)

**Novice:**

1122.301 Sat 11am - noon 9/19-11/7

**Low Intermediate:**

1123.301 Sat 3-4pm 9/19-11/7

### Tennis Rain/Cancellation Policy

In case of rain, check with the instructor at the court. **NO POSTPONEMENT ANNOUNCEMENTS WILL BE GIVEN OVER THE PHONE.** If at any time the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified to the contrary, any makeup(s) will be held on the next available normal meeting day following the session. However, Sunday may be used at the instructor's discretion. Note: If an earlier class is postponed due to rain, all the following classes may also be postponed that day even if the courts become dry.

## Terrific Tiny Tennis

**AGE:** 5-6, OR 7-8 years

Students five to eight years old play FUN activities and games that enhance their hand-eye coordination, motor skills, and knowledge of general tennis concepts. Lessons also provide a success-oriented social environment that may encourage children to continue in the lifetime sport of tennis. Classes will consist of only 3-6 students.

**FEE:** \$84 Resident, \$100 Non-resident

**LOCATION:** Carlmont High School #6 or #7

**INSTRUCTOR:** Stanford's Whitlinger & Sarsfield Staff

### FALL - 8 Lessons

**Ages 5-6 years**

0124.301 Sat 1:30-2:15pm 9/19-11/7

**Ages 7-8 years**

0124.302 Sat 2:15-3pm 9/19-11/7



### INDIVIDUAL TENNIS LESSONS

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages welcome, beginners to advanced.

**\$57 per hour-2157.303;**

**\$150 for 3 one hour lessons, 2157.304.**

To arrange a lesson, please call Parks & Recreation at (650) 595-7441 or email parksrec@belmont.gov.

## Belmont Youth Advisory Board Leadership & Teamwork Training

for the first 30 applicants, incoming 7th & 8th grade students:

Youth Advisory Board 1194.301 \$115

**DEADLINE TO REGISTER for YAB-mid August - For more information, email Erica Spacher - espacher@belmont.gov .**

The Belmont YAB is a program intended to facilitate leadership and team building skills that will help your student in present and future leadership roles. Each meeting will consist of fun and educational small and large group team building exercises. Towards the end of the school year, together the board will implement their new skills in fulfilling essential community needs, i.e. canned food drive. Twice during the year the board will have retreats to reward members for their progress & hard work.

**Meetings will be held on the first Monday of each month from 4:30 - 6:00pm** during the school year from September through June at Belmont Library in the Taube Room.





# Register Online Today



The City of Belmont is proud to provide you the flexibility of registration on-line 24 hours a day, 7 days a week. Register for most of our programs in the comfort of your own home, or convenience of your laptop anywhere!

**BY Registering on-line**, you have first access to classes over walk-in or mail-in registrations. ActiveNet is an internet registration service that is available 24 hours a day. You can view courses offered by Belmont Parks and Recreation, register for courses, make a payment, and view your current registrations. You can also view your family account history. **There is a non-refundable convenience fee attached to registering on-line.**

**Follow these three easy steps by going to: 'www.belmont.gov', 'Parks & Recreation', 'online registration'.**

## 1. SIGN-UP FOR AN ACCOUNT

Click the 'my account' link on the upper right, then select 'Request Account' and fill out the form to get registered. You will need a credit card (American Express, MasterCard or Visa) and a working e-mail address.

## 2. SELECT YOUR ACTIVITY or CLASS

You can browse through the alphabetical list of classes, or search for one from our Activity Guide, either on [www.belmont.gov](http://www.belmont.gov) 'Activity Guide' or your brochure mailed to your home if you live in Belmont or Redwood Shores. Then, add it to your shopping cart.

## 3. CHECKOUT TO FINISH

View your 'cart' to see the activity(s) you've chosen, then click 'checkout' to sign up for the activities. You'll be asked to indicate who in your family will be participating (the default is yourself) and where you heard about the activity. After seeing the costs for the activities, you'll be asked for your credit card information. Enter your information, click continue... and you're done! You can print out your receipt.

### MAIL IN REGISTRATION STARTS NOW!

Mail in registration begins with delivery of the activity guide. Belmont residents' registration will be processed first in the order received. **Non-residents registration will be held until August 14th**, and then processed in the order received. Mail completed registration form and check payable to: City of Belmont.

**MAIL TO: Belmont Parks and Recreation, Attn: Registration, 30 Twin Pines Lane, Belmont, CA 94002.**

### WALK IN REGISTRATION

Register at the Park and Recreation Department Office in Twin Pines Park.

Both residents and non-residents may register **in person starting August 14th**. Walk in registration will continue until classes begin. PLEASE REGISTER EARLY, CLASSES DO CLOSE IF THEY REACH MAXIMUM ENROLLMENT OR CAN BE CANCELED IF ENROLLMENT IS TOO LOW.

**Office hours: Monday through Friday, 8:00am – 5:00pm**

### FAX CREDIT CARD REGISTRATION TO (650) 595-7419

Fax registration can only be accepted if you plan to pay by American Express, VISA or MasterCard. Please write clearly. Fax registration will be processed randomly with the next day's mail. Confirmation/receipt WILL be mailed to you.

**If you would like more information: please contact Belmont Parks and Recreation  
Monday – Friday, 8AM – 5PM at (650) 595-7441.**

**Online Registration is HERE! The form is on the next page ----- >>>**

# Registration Information

## Refunds and Credit Vouchers:

No refunds or credit vouchers will be issued once a class has begun. Full refunds will be issued only for classes cancelled or closed by the Recreation Department. A credit voucher/refund will be issued if a participant withdraws from a class at least one week before the class begins. There will be a \$5.00 service charge per program. Credits are good for one year from the date of issue.

Classes will not be pro-rated for missed sessions. **No refunds will be given for the convenience fee**, as that is not charged by our department, but is for the convenience of registering on-line.

Please **complete the form below completely** (thorough instructions on the previous page) as all fields are important! Please include the date of birth; our programs key off this field.

## Join Us!

### WAYS TO REGISTER:



**On-Line**



**FAX**

(Credit Card only)



**Walk-In**



**Mai-In**

**THANK YOU for your participation in our programs!**

**Activity Registration Form**  
**Belmont Parks and Recreation Dept.**  
 30 Twin Pines Lane, Belmont, CA 94002  
 Phone: (650) 595-7441; Fax: (650) 595-7419

#### It's easy to use your credit card!

Card Number \_\_\_\_\_  
 Exp. Date \_\_\_\_\_ Visa Mastercard Amex  
 Signature \_\_\_\_\_  
 Cardholders Name (print) \_\_\_\_\_

#### Payee Information (Person paying for Registration)

PLEASE FILL IN ALL INFORMATION.

Date of Birth

Name: \_\_\_\_\_ (mm/dd/yy) \_\_\_\_\_ (Gender- circle) M / F  Self  Parent  Guardian

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

I hereby absolve the City of Belmont, its employees, independent contractors and officers from all liability that may arise as a result of my participation in the activities below, and in the event that the below-named participant is a minor, I hereby give my permission for his/her participation as indicated and in so doing, absolve the City of Belmont, its employees, independent contractors from such liability. I/We agree to allow use of my/our photograph(s) for program publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PARTICIPANT'S NAME First and Last Name	DATE OF BIRTH (mm/dd/yy)	GENDER M / F	CLASS NAME	CLASS # 1 <sup>ST</sup> CHOICE	CLASS # 2 <sup>ND</sup> CHOICE	Resident FEE	Non-Res. FEE

Do you have any special needs that require specific accommodations so you can fully enjoy our classes or facilities?



Total \$ \_\_\_\_\_

I wish to donate to Senior Services \$ \_\_\_\_\_

**TOTAL DUE** \$ \_\_\_\_\_

For more information, call Belmont Parks & Recreation at 595-7441, or see us at 30 Twin Pines Lane.